The University of Santa Monica is dedicated to communicating the Principles and Practices of Spiritual Psychology™ Worldwide through the process of Soul-Centered Education.
“It is becoming more and more clear that increasing numbers of people globally are responding to what we refer to as an Evolutionary Impulse. Perhaps you are someone who has realized that true happiness and fulfillment are not goals to be achieved by success in the material world. Rather, they are the result of Awakening into the realization of who you truly are, what your purpose is, and how you can make a meaningful contribution in your world. If so, welcome to the ranks of those who are discovering what it means to be Loyal to Your Soul.”

—Drs. Ron and Mary Hulnick
The University of Santa Monica is a dynamic educational institution dedicated to communicating the **Principles and Practices of Spiritual Psychology** worldwide through the process of Soul-Centered education.

Spiritual Psychology—the study and practice of Conscious Awakening—is a technology that empowers students to convert their everyday life experience into rungs on the ladder of Spiritual Awakening.

For more than 35 years, USM has offered pioneering programs supporting more than 6,500 students in Awakening more fully into the Awareness of who they truly are, resulting in enhanced levels of meaning and fulfillment both personally and professionally, and empowering students to live in greater harmony with their life’s purpose.

Classes take place in an uplifting Soul-Centered learning environment that nurtures the Awakening of the human Spirit inherent in each student. The curriculum in Spiritual Psychology is designed to provide students with practical information, tools, and experience for transforming their consciousness and transforming their lives.

---

**Table of Contents**

USM: Educating for Wisdom ........................................ 1  
Discover Your Answers to Life’s Essential Questions ........ 2

**SOUL-CENTERED LIVING I** ............................................. 5  
USM: Educating for Wisdom ........................................ 6  
It Starts Within You ................................................. 7  
A Message From Drs. Ron & Mary Hulnick:  
Education for the 21st Century ................................ 8  
Are You Ready? ........................................................... 10  
USM’s Mission .............................................................. 12  
What Is Spiritual Psychology™? ................................ 14  
The Real Story of Awakening ......................................... 17  
Spiritual Psychology and Sacred Activism ....................... 18  
Benefits of USM’s Soul-Centered Living I Program in Spiritual Psychology ........................................ 21  
Hallmarks of Soul-Centered Living .................................. 22  
Online Education—USM Style ....................................... 24  
Program Structure ...................................................... 26  
Course Descriptions: USM’s Soul-Centered Living I Program .................................................................. 28  
The Students ................................................................. 30  
Founding Faculty & Co-Directors ................................... 32  
Class Schedule ............................................................. 35  
Tuition ......................................................................... 37  
Next Steps ................................................................. 38

**LIFE MASTERY & SOUL-CENTERED LIVING II** ................ 41  
Program Overview ....................................................... 43  
Benefits of USM’s Life Mastery & Soul-Centered Living II Program .................................................. 47  
Program Structure ....................................................... 48  
Program Courses ......................................................... 50  
2022 Class Schedule ................................................... 53  
Tuition ......................................................................... 55  

USM offers the following Programs:

**Soul-Centered Living I:** A 10-Month Certificate Program in Spiritual Psychology Online
**Life Mastery & Soul-Centered Living II:** A 10-Month Certificate Program in Advanced Spiritual Psychology Online

**Consciousness, Radiant Health & Healing:**
- Program Overview ........................................ 61
- CHH Program Distinguishing Features .................. 62
- Consciousness, Radiant Health & Healing Program Courses ..................................... 64
- CHH Format and Certificate Requirements ............ 66
- Class Schedule .............................................. 69
- Faculty ....................................................... 71

**Resources & Information** ..................................... 77
- General Information ........................................ 79
- The Students .............................................. 83
- Organization & Leadership .................................. 84

**Admission** .......................................................... 86

**Financial Policies, Tuition & Fees** .................................... 90
- Tuition Information .......................................... 91
- Administrative Fees ......................................... 93

**Addendum** .......................................................... 97
- A Message From USM’s Founder ........................ 100
- A Message From Our Co-Directors .................... 102
- USM’s History ............................................... 104

**Policies, Faculty & Staff** ............................................. 106
- Educational Policies .......................................... 107
- USM Faculty ................................................... 113
- USM Administration & Staff ............................ 114
- Symbolism of the USM Logo ........................... 117

**University’s Right to Modify or Change Catalogue**

The University reserves the right to make additions, deletions, and modifications to curricula, course descriptions, educational policies, class schedules, and tuition and fees. Although every effort is made to ensure the accuracy of the information published in the *University of Santa Monica Catalogue*, it is normal to expect changes in course listings and other information. The University reserves the right to effect changes without notice or obligation, including the right to discontinue a course or group of courses or a program. The University expects each student to have knowledge of the information presented in the *Catalogue*. 
Like each of us, the world of education is evolving. In each era, institutions of higher learning have brought forward new paradigms of thought and practice to assist the world in overcoming the challenges of the times. And so, for hundreds of years, institutions of higher learning have been operating within the paradigm of Knowledge, meaning the acquisition of information, in service to fueling passages marked by monikers like the “Industrial Age” and the “Information Age.”

As we look around the world today, it is evident that a new paradigm of thought and practice is needed. If, at any moment, we turn on our televisions or our social feeds, we may witness the devastation of wildfires in one part of the world, the ravages of hurricanes in another, the refugees of a war in yet another, and economic instability seemingly everywhere. Is what the world needs at this juncture more knowledge? Or might now be the time for a new paradigm that heralds the transcendent and healing power of Wisdom, which is the result of converting our human experience into an elevated awareness and knowing?

Would it be in service to humanity for there to be an institution of higher learning whose purpose was not to equip students with more knowledge but to provide them with opportunities for the healing and transformation of their own consciousness, along with principles and practices that empower them to make a meaningful contribution in their world?

Enter the University of Santa Monica, Drs. Ron and Mary Hulnick, and the timely educational paradigm of Spiritual Psychology.

“The University of Santa Monica embodies the true meaning of education: to draw out from within. The Programs are rigorous as well as deeply healing. Structured so that working adults can attend over a series of weekends and weeklong summer sessions, the Programs in Spiritual Psychology are much needed wisdom training for our times. Come and join a family that inspires as well as educates.”

—Dr. Joan Borysenko
Author
Guilt Is the Teacher, Love Is the Lesson
Your Soul’s Compass: What Is Spiritual Guidance?
Fire in the Soul: A New Psychology of Spiritual Optimism
Discover Your Answers to Life’s Essential Questions

Right now, more than any time in history, people are evaluating their lives through the filter of these essential questions:

1) Who Am I?

2) What Is My Purpose?

3) How Can I Make a Meaningful Contribution?

For more than 35 years, the University of Santa Monica, the Worldwide Center for the Study and Practice of Spiritual Psychology®, has been diligently and lovingly providing innovative Programs in Spiritual Psychology. The University’s Soul-Centered experiential educational paradigm evokes in students their own answers to these three essential questions resulting in more purposeful and fulfilling lives. Each individual student is recognized, honored, and respected for the Essence of who they truly are.

“These students, I know, are dedicated to being the answer to the Soul’s only question, and to being that answer in the lives of all those whose lives they touch. And that’s a three-word question, which this University seeks to answer. Or, better yet, does not seek to answer but seeks to provide the space from which the answer might emerge. And here is the three-word question: Who am I?”

—Neale Donald Walsch

New York Times Best-Selling Author

Conversations With God Series

When Everything Changes, Change Everything
Evoking Answers to Three Essential Questions

1) Who Am I?
USM’s Programs engage students experientially in the Principles and Practices of Spiritual Psychology. This technology empowers you to convert your everyday life experiences into rungs on the ladder of your Spiritual Awakening. Classes are conducted in a Soul-Centered educational environment, pioneered by Drs. Ron and Mary Hulnick, that acknowledges Spiritual Reality and begins with the recognition that we are not human beings with a Soul; we are Souls having a human experience ... we are Souls using a human experience ... and we are Souls Lovingly guided by Spirit in service to each Soul's purpose.

2) What Is My Purpose?
As you learn and implement the practical technology of Spiritual Psychology in your daily life, you discover, amazingly, that what has stood in the way of Spiritual progression as well as a more fulfilling life is what we at USM call “unresolved issues”—the negative reactions within each of us that are triggered by various situations, circumstances, and people. As you learn to heal these unresolved issues, you become clearer and more connected to your Life Purpose and naturally grow into enhanced levels of success and fulfillment, and capacity to make a Meaningful Contribution.

3) How Can I Make a Meaningful Contribution?
Through participating in the educational process experienced at USM, students make a more meaningful contribution in their world in two distinct yet related ways. First, by healing your unresolved issues, you literally subtract from the sum total of negativity on the planet and add to the sum total of positivity. Thus, at USM we say, “Every time one person resolves one issue, the whole of humanity moves forward.” Second, the more you evolve spiritually, the more clearly you perceive your life’s purpose and are more empowered to make a Meaningful Contribution in your world.

USM Graduates: Living Their Answers
One knows the true nature of the tree by the fruit it produces. And so, for us at the University of Santa Monica, our graduates, their lives, relationships, careers, and their contributions in the world are the true measures and celebrations of how a University of Santa Monica education can transform a human life. We invite you to see their stories on our Web site and, ideally, connect with them in person. To experience the miracle of our graduates is to experience the miracle of the University of Santa Monica.
SOUL-CENTERED LIVING I
A 10-Month Certificate Program in Spiritual Psychology Online

Program Guide
2022
Like each of us, the world of education is evolving. In each era, institutions of higher learning have brought forward new paradigms of thought and practice to assist the world in overcoming the challenges of the times. And so, for hundreds of years, institutions of higher learning have been operating within the paradigm of Knowledge, meaning the acquisition of information, in service to fueling passages marked by monikers like the “Industrial Age” and the “Information Age.”

As we look around the world today, it is evident that a new paradigm of thought and practice is needed. If, at any moment, we turn on our televisions or our social feeds, we may witness the devastation of wildfires in one part of the world, the ravages of hurricanes in another, the refugees of a war in yet another, and economic instability seemingly everywhere. Is what the world needs at this juncture more knowledge? Or might now be the time for a new paradigm that heralds the transcendent and healing power of Wisdom, which is the result of converting our human experience into an elevated awareness and knowing?

Would it be in service to humanity for there to be an institution of higher learning whose purpose was not to equip students with more knowledge but to provide them with opportunities for the healing and transformation of their own consciousness, along with principles and practices that empower them to make a meaningful contribution in their world?

—Dr. Joan Borysenko
Author
*Guilt Is the Teacher, Love Is the Lesson*
*Your Soul's Compass: What Is Spiritual Guidance?*
*Fire in the Soul: A New Psychology of Spiritual Optimism*
It Starts Within You

For more than 35 years, the University of Santa Monica has offered pioneering experiential educational Programs in Spiritual Psychology supporting more than 6,500 graduates in Awakening more fully into the Awareness of who they truly are while living more in harmony with their life purpose as they take action, making a meaningful contribution in their world.

It has been said, a tree is known by its fruit. USM is known by its graduates who are a multitude of living, breathing, Awakening Souls, many of whom are committed not just to the transformation of themselves but to the transformation of their world as well.

How does this transformation and Awakening occur? What kind of educational process catalyzes empowerment within its students and graduates creating a transformational ripple effect throughout the world?

The educational paradigm the University of Santa Monica brings forward is both radical and simple.

The transformed world you seek around you can only emerge by first transforming the world within you. That world is your own consciousness.

For more than four decades, USM students and graduates have discovered their own answers to life’s essential questions and are using their transformation in consciousness to actively transform the worlds of business, medicine, media, coaching, counseling, law, education, family, and more.

What they have discovered, and are using to transform themselves and their worlds, is available for all to discover—

A transformed world and a transformed life are only as far away as your own consciousness.

And that starts within you.

“My hope and wish is that one day, formal education will pay attention to what I call ‘education of the heart.’”

—Dalai Lama
A Message From Drs. Ron & Mary Hulnick:
Education for the 21st Century

It’s time for a Quantum Leap in consciousness! A leap from a limited five-sense reality into a multidimensional reality, including the Spiritual dimension, thereby opening a portal into the Spiritual Context.

*Daring to make this leap changes everything!*

Just two years ago, it seemed we were living on a different planet in a distinctly different reality. And then, suddenly, rapid and radical change began. Humanity’s situation and circumstances didn’t change just a little! “Pandemic” became a household word globally. Sequestering “Safer at Home” and wearing masks quickly became the order of the day—new 21st Century “best practices” for health and well-being. The number and magnitude of outer challenges that have followed—and the uncertainty—can seem rather overwhelming.

How do we individually and collectively navigate life when the outer challenges appear daunting in magnitude ... and myriad—Covid-19, political polarization, economic hardship, environmental issues exacerbated by massive wildfires, hurricane after hurricane with seismic repercussions, severe air pollution wreaking havoc on human health and the health of the planet, and social unrest based on racial issues—to say nothing about the details of our own personal life circumstances catalyzing mental anguish and emotional suffering?

How will we respond to the steepening learning curve? Shall we default to a “New Normal” by remaining at the level of consciousness that actually created our current challenges? Or shall we evolve to a “New Better” by equipping ourselves with an elevated consciousness truly capable of achieving it?

Are you ready to answer the call at this critical moment in the evolution of humanity—a moment offering opportunities for unprecedented advances in consciousness and requiring radical change in physical-world reality if we are to survive as a species?

Enter USM and the *Principles and Practices of Spiritual Psychology*. A USM education is timely, essential, experiential, invaluable, and now available worldwide—providing nothing less than both transformation in consciousness and practical tools equipping those who are ready to take conscious action for the betterment of our world.

Know it is our intention, stronger than ever, to continue serving the greater Awakening that is taking place on the planet at this time by continuing to fulfill USM’s mission: *Communicating the Principles and Practices of Spiritual Psychology worldwide through the process of Soul-Centered education.*

In attuning to what Spirit is bringing forward on our beautiful planet, it is clear that the opportunity has never been more present for USM to provide Soul-Centered, experiential offerings **now online** to a global community. Current events continue catalyzing situations and circumstances providing exceptional opportunities for Healing, Transformation, Awakening, and Serving.

By each doing our own work, the net result will be the transmutation of prejudice, inhumanity, and oppression—the “dis-ease” that afflicts us all. In short, the time is at hand for humanity to evolve. And it starts with you.
The University of Santa Monica’s world-renowned Soul-Centered Living I 10-month Program in Spiritual Psychology beginning in March 2022 is now available to anyone on the planet through the Blessings and advances in online technology such that we can provide a truly Soul-Centered educational process online.

Current student experiences are best expressed by what they are sharing with us regarding their participation in the Online classroom, “the Loving transcends the medium.”

All of us at USM are so enthusiastic! Who would have thought we could successfully translate this world-renowned Program to an online offering available to students around the world without your needing to leave the safety and sanctuary of your own home!!

We invite you to join us for a year to remember.
The essence of Soul-Centered Living is Awakening into the Awareness of who you truly are and living your life from within that Awakened state.

Are You Ready?

Are you ready to answer the call to participate in this very special offering providing opportunities for:

• Experientially learning and integrating the life-changing Principles and Practices of Spiritual Psychology—as thousands of USM grads have done before you—as a way of Being and a way of life.

• Recognizing that change begins within and you have an innate capacity within you to transform your consciousness, the tools to transform your life, and are uniquely equipped with both to positively transform your world.

• Participating in a dynamic educational process designed to support you in healing the patterns you took embodiment to learn and grow through.

• Standing forward in the strength of your heart and sharing the gifts you took embodiment to share.

• Exploring and transmuting the material surfacing within your own consciousness catalyzing opportunities for deep Healing and the revelation of the Authentic Self—your Soul Essence.

• Recognizing and accepting the challenge inherent in Gandhi's statement: “My life is my message,” by answering the call to Sacred Activism, which is nothing less than Loving in action.

Join us for a year to remember!
USM’S MISSION

The University of Santa Monica is dedicated to communicating the Principles and Practices of Spiritual Psychology™ Worldwide through the process of Soul-Centered Education.
What Is Spiritual Psychology™?

For more than 35 years, we have provided students with opportunities for learning and applying life-changing Principles and Practices of Spiritual Psychology at the University of Santa Monica. You may be asking, “What is Spiritual Psychology? What are these Principles and Practices? Can they help alleviate the mental anguish and emotional suffering I experience at times? Can they assist me in transforming my consciousness and my life—knowing my life purpose and living into it?”

We say, “Yes. That is exactly what they’re designed for!”

If you delve into the meaning of the word psyche, you’ll find phrases such as “breath, principle of life, soul.” But if you explore the meaning of the word psychology, you’ll see “the science of mind and behavior.” Somehow, in the translation from essence to clinical practice, the most important aspect of psyche has been lost. We recognize our calling as restoring the spiritual dimension to the Heart of an authentic psychological inquiry. It is this reintegration that is the Heart of a truly Spiritual Psychology, which we define as the study and practice of Conscious Awakening. As my [Ron’s] first spiritual teacher was fond of saying, “The reason psychology was inspired onto the planet was because humanity forgot why it was here.”

And what does Awakening mean? It begins with the awareness that we simultaneously reside in two worlds. We are most aware of the one known as physical-world reality. It’s the world of our everyday existence, including relationships, work, finances, health, weather, politics, etc., with which we are familiar and which we think of as reality. It is the world we know through our five senses.

And, as we are becoming more and more aware, beyond five-sense, observable, material reality, there is another reality. It is non-material, multi-dimensional, and spiritual in nature. For our purposes, we define Awakening as becoming more and more aware of this “other” reality, where we experience our Essential Spiritual Nature as Loving, Peaceful, Joyful, Free, Enthusiastic, Beautiful, Creative, Wise, and more! The Persian poet and mystic, Jalaluddin Rumi, was certainly speaking from an Awakened state when he wrote:

The breeze at dawn has secrets to tell you.
Don’t go back to sleep.

You must ask for what you really want.
Don’t go back to sleep.

People are going back and forth across the doorsill
where the two worlds touch.
The door is round and open.
Don’t go back to sleep.
Awakening into the Awareness of who, or more accurately what, you truly are and living your life from within that Awakened state is the essence of Spiritual Psychology. Today, as the evolutionary tide on the planet is rising, and larger numbers of people are Awakening to the Awareness that they are, in fact, Divine Beings having and using a human experience, the *Principles and Practices of Spiritual Psychology* provide context and tools for living into that Awareness. It is, in fact, our destiny to Awaken; for as we do so, we are actually Remembering that which is and always has been true.

This can be considered your personal introduction to what we speak of as “the Michelangelo effect,” which was so brilliantly expressed by the master sculptor himself when he said, “I saw the angel in the marble and carved until I set him free.” In just such a way, Awakening is not a journey of “becoming”; it is a process of “Remembering.”

Now here’s what to us is the most interesting and exciting part. This process of Awakening is not primarily a meditative process, though we encourage a spiritual practice we refer to as Spiritual Exercises. Awakening can be facilitated by engaging in an active process of releasing or dissolving the self-created barriers within your consciousness that are all that prevent you from knowing the Majesty of your Soul—from experientially knowing that you are the Presence of Love. As written in *A Course in Miracles*, “Your task is not to seek for love but to seek and find all the barriers you’ve built against it,” and to that we add, “... and to dissolve them.”

**Entering the Spiritual Context**

What does it mean to be a Spiritual Being having a human experience? Might it be that Teilhard perceived most of us as seeing ourselves in exactly the opposite way? Clearly, he was aware of the tendency to define ourselves as human beings who occasionally, if we’re fortunate, have a spiritual experience.

Teilhard’s quote is a powerful statement regarding the Spiritual Context—the Awareness that you are a Soul and that your life serves spiritual purpose—for it opens a portal to another way of perceiving yourself, your life experiences, and your purpose for being on this earth in human form.

“We are not human beings having a spiritual experience.

We are spiritual beings having a human experience.”

— Pierre Teilhard de Chardin
Click here to hear personal stories of Awakening from our grad community and how using the *Principles and Practices of Spiritual Psychology* has brought positive and lasting transformation to them and their lives.
The Real Story of Awakening

What is the real story of Awakening as you live more and more fully into the Awareness that you truly are a Divine Being having a human experience? What happens as you integrate skills such as Seeing the Loving Essence and Heart-Centered Listening and they become a Way of Being?

What transpires when you catch on to the fact that life is happening inside your consciousness and not “out there” as you previously thought? What happens when you realize that your experience in physical-world reality is determined largely by the beliefs found within the matrix of your perceptual filter, functioning as your internal operating system ... and you consciously begin downloading and installing a “Spiritual Awareness” software upgrade?

What shifts occur when you realize you are the architect of your life, and that your inner and outer choices are the building blocks of your future ... and you begin making more Self-Honoring choices, choices more in harmony with your Loving nature and your Soul’s Purpose?

What happens when you wake up to the Authentic Empowerment available through taking responsibility for your judgments and upsets with the intention of releasing them ... and you begin realizing you are at cause rather than at the effect?

What happens when you begin to apply Loving to the places inside where there is hurt ... and you engage in Compassionate Self-Forgiveness of your judgments, misinterpretations, and misidentifications—and you let them go?

What happens when the deep wellspring of Compassion that resides within your Authentic Self begins Flowing abundantly through you ... and you wake up into the Awareness that you are Love?

Here’s what happens! You’ve struck it rich! This is when life truly begins, for in those moments of Revelation, you know the Mother Lode, the Source of True Gold, is within you—in fact, it is you! You’ve experienced your Authentic Self, and your Awakening Heart is aware of the download of Spirit’s Blessing through you as you.

Your consciousness becomes a conduit for Living Love and your course through life, an expression of that Love—for you know, as poet Rod McKuen knew: “It doesn’t matter who you love or how you love, but that you love.” To which we would add—for you are Love!

Remember that growth is an ongoing process, not an event. We support and encourage you! The Principles and Practices of Spiritual Psychology are practical tools you can use each and every day of your life in service to your Awakening.

To read an expanded answer to the question, “What is Spiritual Psychology?” click here for an article by Drs. Ron & Mary Hulnick entitled Spiritual Psychology: The Long-Awaited Convergence.
Spiritual Psychology and Sacred Activism

As students experience the deep Healing of issues and ego patterns available through learning and utilizing the Principles and Practices of Spiritual Psychology both in the University of Santa Monica classroom and the classroom of their everyday lives, they experience Awakening into their Essential Nature, the consciousness we refer to as the Authentic Self—Joyful, Compassionate, Wise, Creative, and Unconditionally Loving. It is this consciousness in which they have direct access to the Wisdom, Inspiration, Knowing, and Guidance of the Soul.

As this transformational process occurs over time, students become increasingly aware of their gifts and the deep yearning to be of service—to use their God-given gifts and lives in ways that serve the greater Awakening taking place on the planet at this time. They experience themselves hearing and answering the call to make a meaningful difference, contributing to real solutions to the urgent needs and challenges that face humanity.

Our world has been destabilized by a global pandemic, economic and political uncertainty, as well as fire, flood, thirst, and hunger reflecting the dire need for the evolution of consciousness and yet-to-be-birthed solutions to meet these needs. As such, many are experiencing the call to activism. The call in so many hearts at this time is “How can I make a difference?”

At USM, we recognize the answer is activism, not based in shame, blame, judgment, against-ness, right-making and wrong-making, separation, or violence. Real solutions do not emerge from the self-righteousness of the ego. Rather, they emerge from Sacred Activism based on knowing that growth in consciousness IS the vehicle for activation of the active ingredient essential to making a positive difference. This active ingredient essential to Healing, transformation, and real change is Loving ... and Loving’s eternal flow activating Hearts in Healing ... Serving ... and Sharing. USM’s Programs have been designed and curated with this intention in mind and Heart.

At the University, we acknowledge that consciousness is fundamental—and as Spiritual Psychology Principle 20 states: Outer experience is a reflection of inner reality.
The next steps of human agency—exercising choice and intentionality in co-creating a “new earth”—include: Healing through learning and continuing to do the work in consciousness necessary to cleanse the lens of perception. This work is done by recognizing that it’s an “inkblot world” and engaging in the difficult yet required work of accepting responsibility for the disturbance within our own consciousness that we project onto others and the world. This includes healing hurts, misunderstandings, and misidentifications that support the ego’s story of justified outrage, victimization, and separation. It means dismantling guilt, blame, and shame. We heal through applying Loving to the places inside where these patterns reside and forgiving ourselves for our judgments and misunderstandings. As John Lennon said, “Living is easy with eyes closed, misunderstanding all you see.” We say: change your lens, change your life, change your world.

At USM change begins within! Sacred Activism is recognized and honored as a path with Heart ... a path of the Spiritual Warrior.

We provide experiential education and tools for life that facilitate real and enduring transformation/change and equip graduates to make meaningful contributions in their world.

“A spirituality that is only private and self-absorbed, one devoid of an authentic political and social consciousness, does little to halt the suicidal juggernaut of history.

“On the other hand, an activism that is not purified by profound spiritual and psychological self-awareness and rooted in divine truth, wisdom, and compassion will only perpetuate the problem it is trying to solve, however righteous its intentions.

“When, however, the deepest and most grounded spiritual vision is married to a practical and pragmatic drive to transform all existing political, economic, and social institutions, a holy force—the power of wisdom and love in action—is born.

“This force I define as Sacred Activism.”

– Andrew Harvey
“The University of Santa Monica provides a wonderful environment for real education and spiritual transformation. It draws a high-caliber, spiritually mature student who has clear intentions. When you bring together the sincerity of the student, the cutting-edge Programs that the University offers, and the quality of teachers that are facilitating the Programs, you have an authentic wisdom school. I have witnessed many of the students matriculate through the Program, and I can see they have walked hand in hand with quality.”

—Rev. Dr. Michael Bernard Beckwith
Founder/Director, Agape International Spiritual Center
Author, *Spiritual Liberation: Fulfilling Your Soul’s Potential*
Benefits of USM’s Soul-Centered Living I Program in Spiritual Psychology

- Awakening into the Awareness of yourself and others as Divine Beings having and using a human experience.
- Manifesting greater success, meaning, purpose, and fulfillment, both personally and professionally.
- Positively transforming your consciousness and your life by integrating the Principles and Practices of Spiritual Psychology and applying them in your everyday life.
- Providing both transformation in consciousness and practical tools equipping those who are ready to do the necessary work in consciousness and take conscious action for the betterment of our world.
- Demonstrating effectiveness in applying 35 powerful Soul-Centered Basic Skills—empowering tools for personal transformation, enhancing relationships, and Spiritual Awakening.
- Living into a Spiritual Context by learning to utilize everyday experiences effectively for growth on both the Goal Line (health, relationship, career, family, finances, life purpose, meaningful contribution, etc.) and Soul Line (Awakening into your Essential Spiritual Nature) of life.
- Resolving (healing) your own unresolved issues (anything that disturbs your peace).
- Discovering and aligning with your Soul’s purpose.
- Living into your deepest aspirations through discovering enlivening, fulfilling, and joy-filled ways of making a meaningful contribution in the world.
- Participating within a supportive community of like-minded and like-hearted individuals.
- Discovering your own answers to life’s three essential questions:
  1. Who am I?
  2. What is my purpose?
  3. How can I make a more meaningful contribution and live a more fulfilling life?

“There is no question that USM is on the leading edge, creating a model of what education could be, should be, and, in fact, HAS to be!”

—Dr. Jean Houston
Author, The Possible Human; A Mythic Life; A Passion for the Possible
Hallmarks of Soul-Centered Living Include Knowing How To:

- Use all of your life experiences in service to your Awakening and access practical tools to do so.
- Embrace that your Essential Nature is Loving and live accordingly.
- Relate with yourself in Compassionate and Healing ways that free you from mental anguish and emotional suffering.
- Accelerate your Healing and Awakening through intention and effectively using tools of issue resolution.
- Clarify your life’s purpose and translate it into meaningful and achievable goals.
- Experience the Freedom and Empowerment available through accepting 100% responsibility for your life.
- Live your life with greater purpose, meaning, and fulfillment as well as Joy and True Happiness.
- Use the practical and game-changing Principles and Practices of Spiritual Psychology as a way of being and a way of life.

The essence of Soul-Centered Living is Awakening into the Awareness of who you truly are and living your life from within that Awakened state.
“At a time when my internal cup was empty, USM filled me with insight, inspiration, and a deeper connection to who I truly am. For anyone on a path of healing, growth, or service, USM offers food for the soul, enlightenment for the mind, and peace for the heart. This school honors and respects every student in such a wonderful way. Regardless of who you are or what you do in the world, a USM education is a life-transforming gift that will sustain and support you all the days of your life.”

—Iyanla Vanzant
USM Graduate & New York Times Best-Selling Author
One Day My Soul Just Opened Up; Peace from Broken Pieces
A NEW AGE IS DAWNING HERE AT USM!!

For more than 35 years, USM has attracted students who were so deeply called to participate in the University’s Programs that they traveled great distances from around the world each month, including from places as far away as Dubai, UAE; Oslo, Norway; Kenya, Africa; Sydney, Australia; Quito, Ecuador; as well as many European countries.

Now, as a consequence of the global pandemic, Ron and Mary have redesigned USM’s dynamic, Spirit-filled curriculum such that it can be delivered online while maintaining its experiential nature.

This change in delivery system is in harmony with the University’s mission of Communicating the Principles and Practices of Spiritual Psychology Worldwide through the process of Soul-Centered Education.

Part of the question we asked was: How would this immersive Soul-Centered education, which takes place inside the Spiritual Context, translate into an online format?

What is amazing is students report the Heart-to-Heart, Soul-to-Soul connection and palpable transmission of Loving are as present and enlivening as ever.

Highlights of the USM online classroom experience include:

- Online classes are conducted in a supportive educational environment, meeting on Saturday and Sunday, one weekend a month for ten months plus one evening per month between class weekends.

- Facilitator talks are followed by three-person “trio” processes through which participants can directly experience the concepts and information presented, discovering for themselves the value and workability of the Principles and Practices of Spiritual Psychology.

- During trios, students learn and practice 35 Soul-Centered Basic Skills, tools of Healing, Awakening, and enhancing interpersonal effectiveness. They also learn and practice powerful tools of Co-Creation.

- Large group sharing follows each trio process during which students share their experiences from the trio and ask questions.

- Sharing segments are opportunities to witness and experience Healing and to learn directly from master facilitators, Drs. Ron and Mary Hulnick.

- The class becomes a supportive community of like-minded and like-hearted individuals.

- Spiritual Psychology, as experienced through the online format, is heartfelt, relevant, practical, and transformational—in plain English, it is life-changing.
“To all like me who feared that the spirit of USM would get lost in the online format, I was fortunate enough to be a part of the first online class and the first online trio ever offered by USM.

“SCL I last year was such a beautiful experience. I couldn’t understand how the ‘high’ that I would feel after class could be achieved. I thought: ‘We would miss soul gazing,’ and ‘I won’t be able to hug people and enjoy their energies,’ etc.

“Well, as I come out of the first class, I’m so excited and relieved to report that I’m feeling the calm high, the warmth of love when I feel truly received, and the support I feel when I’m guided with compassion.

“I realized the venue has changed, but the people and the work are the same. I should have known it’s not the location but the people that make the class, and the USM tribe was there. The loving USM community with their open hearts ready to love and be loved were there. I feel so blessed and excited by the possibilities of having more and more USM teachings in my life.”

—Sanya Bari
Program Structure

Classes are conducted in a supportive educational environment and meet Saturday and Sunday, one weekend a month for ten months, March through December, plus one evening per month between class weekends. See page 33 for class schedule.

The content, methodology, and processes of this Program provide students opportunities to recalibrate their consciousness and their lives at a higher level. Classes emphasize relevant, immediately usable information, skills, and experiences designed to support students in Awakening into the Authenticity of who they truly are, Healing the patterns they took embodiment to heal, and empowering them in sharing their gifts thereby making a meaningful contribution in the world.

The **Soul-Centered Living I Program** includes four sequential and cumulative courses that empower students to integrate the *Principles and Practices of Spiritual Psychology* as a Way of Being and a Way of Life.

- Introduction to the *Principles and Practices of Spiritual Psychology*
- Spiritual Psychology Approaches to Transformation, Healing, and Awakening
- Integrating and Applying the *Principles and Practices of Spiritual Psychology*
- A Culminating Weekend Spiritual Psychology Laboratory

“**Soul-Centered Living I** is an invitation from Ron and Mary’s Hearts to yours: to inhabit your Soul nature even more fully and to share your Soul-Song, which only you can sing, in the world.”

—Robert Holden

Author, *Happiness NOW!; Shift Happens!; Authentic Success; Loveability*
These courses are offered sequentially over ten months.

Introduction to the Principles and Practices of Spiritual Psychology

The first three months provide an introduction to the Principles and Practices of Spiritual Psychology essential for learning how to live one’s life within the Context of Universal Spiritual Reality as contrasted with small self, ego-centered reality. Trio processes as well as Facilitator talks and large group sharing support students in learning and practicing 16 Soul-Centered Basic Skills, tools of Healing, Awakening, and enhancing interpersonal effectiveness. These include Seeing the Loving Essence, Heart-Centered Listening, Perception Checking, Responsibility I—Choice, Responsibility II—Ownership, Reframing Issues as Blessings, and Seven Steps to Issue Resolution.

Spiritual Psychology Approaches to Transformation, Healing, and Awakening

The second three months of the Program provide opportunities for students to continue deepening their understanding and application of the Principles and Practices of Spiritual Psychology in their everyday lives, both personally and professionally. Building on the foundation of information and Soul-Centered Basic Skills established in the first three months, cognitive and experiential exploration of the relevance of several Healing and Transformational Facilitation Approaches is provided both through in-class presentations and the experiential practice of elements of each of the approaches seen and applied through the lens of Spiritual Psychology.

These include:

- Spiritual Psychology and a Behavioral Approach
- Spiritual Psychology and a Person-Centered Approach
- Spiritual Psychology and a Gestalt Approach
- Spiritual Psychology and a Rational-Emotive Approach
- Spiritual Psychology and an NLP Approach: Reframing
- Spiritual Psychology and a Psychosynthesis Approach

In addition, students are presented with the opportunity to learn a primary tool of Spiritual Psychology known as Self-Counseling. Additional Soul-Centered Basic Skills are presented and practiced including Giving Effective Feedback, Receiving Feedback Effectively, Stepping Free—Living Beyond Your Comfort Zone, Facilitating Responsibility III—Self-Honoring Choices, and Identifying, Owning, and Accepting Projections.
Integrating and Applying the Principles and Practices of Spiritual Psychology

The third three months of the Program assist students in further integrating and applying the Principles, Practices, and competencies of Spiritual Psychology in service to facilitating physical, mental, emotional, and Spiritual growth in their everyday lives. The seventh month includes themes of Living Into Your Purpose and Answering the Call of Spirit in Your Heart. The eighth month is devoted to the theme of Cleansing the Lens of Your Perception. And the ninth month focus is Accepting and Sharing Your Gifts.

In addition, students are presented with the opportunity to more fully integrate the Principles, Soul-Centered Basic Skills, and Transformational Facilitation Approaches in service to enhancing their effectiveness in Working Your Process and Self-Counseling. Additional Soul-Centered Basic Skills are presented and practiced including Accessing Intuition, Facilitating Compassionate Self-Forgiveness, Facilitating Lesson Awareness, Tracking Projections I—Limiting Projections, Tracking Projections II—Positive Projections, Identifying and Clarifying Your Heartfelt Dreams, and Asking for What You Want.

Spiritual Psychology Laboratory

This culminating laboratory is designed to assist students in synthesizing, further integrating, and effectively utilizing the Soul-Centered Basic Skills, Transformational Facilitation Approaches, Healing attitudes, and Universal Spiritual Values associated with the subject matter of Spiritual Psychology. It provides an opportunity for students to demonstrate a higher level of integration and mastery in applying the Principles and Practices of Spiritual Psychology with themselves and others. It is also an opportunity for students to experience deeper Awareness of their Essential Spiritual Nature as Loving, Peaceful, Joyful, Free, Enthusiastic, Creative, Wise, Compassionate, and more.

“We shall teach and learn to cure ourselves rather than alleviate symptoms. We shall transcend to the point of going through something for the last time. Completion will be a part of the spiritual ecology.”

The Students

As a student, the University of Santa Monica's Programs provides you with opportunities for growth both personally and professionally through learning and applying the Principles and Practices of Spiritual Psychology to everyday life experience. This educational process results in your experiencing greater connection with the authenticity of who you are, your life purpose, and enhanced levels of success and fulfillment. This empowers you to make a more meaningful contribution in your world.

A significant number of students hold advanced degrees in a variety of disciplines. Past graduates have included numerous individuals from each of the following groups:

- Mental health professionals, including psychiatrists, psychologists, marriage and family therapists, social workers, etc.
- Educators who are teaching at all levels and administrators of educational institutions.
- Healthcare professionals, including physicians, nurses, chiropractors, physical therapists, and practitioners of alternative medicine.
- Those who would like to enhance their interpersonal effectiveness and the quality of their relationships, personally and professionally.
- Business owners, executives, managers, supervisors, and consultants seeking to enhance both their leadership and interpersonal skills.
- Individuals with a high level of interface with the public, including sales and marketing representatives, lawyers, professional coaches, realtors, ministers and practitioners, social activists, athletes, peace officers, military personnel, government workers, etc.
- Artists from a wide range of creative disciplines, including authors, painters, poets, sculptors, dancers, classical and modern musicians, photographers, and actors from stage, television, and film.
- Those on a spiritual path who would like to be of greater service to themselves and others who are seeking their next steps personally and professionally.
- Those who are called to serve humanity as Sacred Activists.

“My life is my message.”

—Mahatma Gandhi
Students at the University of Santa Monica are adults with diverse cultural and varied educational, professional, and personal backgrounds. Programs are designed to accommodate those with both professional and family responsibilities. The weekend format allows students with full lives to participate. Since classes meet regularly over the course of ten consecutive months, deep bonds are formed as students become a community of support for one another.

As students progress through the Program, they recognize themselves as an integral part of a mutually supportive group of individuals committed to participating in a Soul-Centered educational process emphasizing enhanced Spiritual Awareness, the continual improvement of the quality of their lives, and living more in alignment with their Soul’s purpose.

As students complete the Program, they take their place within a community of individuals who are committed to a Learning Orientation to Life and to Soul-Centered Living.

USM’s Soul-Centered Living I Program provides:

- An educational opportunity for adults with full lives from around the world to participate in USM's Soul-Centered educational process available now online.

- An educational model based upon an experiential learning process rather than the mere acquisition of information. The goal of learning is supporting students in integrating the Principles and Practices of Spiritual Psychology in service to the resolution of issues, the revelation of the Authentic Self, and living highly purposeful and fulfilling lives.

- An educational experience designed to positively transform the consciousness and lives of those participating.

- An educational process that is Soul-Centered and is a spiritualizing process designed to bring forth the Beauty, Wisdom, and Compassion inherent in every human being.

- An education for global citizenship for mature students whose intention is to Awaken to the awareness of who they truly are, cultivate global awareness, and are answering the call to make a difference with their lives.
Founding Faculty & Co-Directors

Drs. Ron and Mary Hulnick are recognized pioneers and worldwide leaders in the field of Spiritual Psychology™. As USM’s Founding Faculty and Co-Directors, they designed the University’s extraordinary curriculum, and they continue to serve as senior faculty.

More than 35 years ago, it was Ron and Mary’s vision to develop Programs, workshops, and other educational offerings, the hallmarks of which are characterized as experiential, engaging, relevant, meaningful, supportive, inspiring, practical, nurturing, and transformational. USM students and graduates around the world share that being with Ron and Mary in the classroom is, without exception, one of the most transformative, Loving, and memorable experiences that they will cherish for a lifetime.

Drs. Ron and Mary Hulnick are the Executive Producers of the University’s award-winning documentary Freedom to Choose, which took first place at the Emerging Filmmaker Category in the American Pavilion Showcase at the 2009 Cannes Film Festival.

Ron and Mary are both licensed Marriage and Family Therapists, and Mary is also a licensed Clinical Psychologist.

Their book Loyalty to Your Soul: The Heart of Spiritual Psychology was published in 2011 by Hay House in 12 countries and translated into 8 languages including Spanish, French, German, Hungarian, and simplified Chinese, among others. The book has been described by Caroline Myss as a “stunning masterpiece of primary importance.”

Their most recent book, Remembering the Light Within: A Course in Soul-Centered Living, was published by Hay House in 2017. It has been described by Larry Dossey, M.D., as “an essential guide for anyone seeking deeper meaning and fulfillment … not just for the individual seeking it; it is essential, at this point in history, for our flourishing and continuance as a species on our beloved planet.”
“It is with Gratitude in our Hearts and our many years of experience applying the Principles and Practices of Spiritual Psychology in our own daily lives, and supporting thousands of students in learning to do the same, that we share the Soul-Centered Living I Program with you. It is our intention to provide you with inspiration, encouragement, practical tools, and opportunities for learning how to live into the Spiritual Context—the Awareness that you are a Soul and that your life serves Spiritual purpose. Through participating in the Program and applying the information and tools you’re learning, you can experience the Blessings of nothing less than transforming your consciousness and transforming your life and being an active participant in transforming the world. Welcome aboard.”

—Drs. Ron and Mary Hulnick
A Schedule You Can Live With

Classes meet one weekend a month for nine months, March through November, plus a three-day Online Lab in December, and one Tuesday evening per month in between class weekends. This schedule allows adults with busy personal and professional lives to participate.

**WEEKEND CLASSES**

- March 5 & 6
- April 2 & 3
- May 7 & 8
- June 4 & 5
- July 9 & 10
- August 6 & 7
- September 10 & 11
- October 8 & 9
- November 5 & 6
- Spiritual Psychology Lab
- December 2, 3 & 4

**TUESDAY EVENINGS**

- March 22
- April 26
- May 24
- June 21
- July 26
- August 23
- September 27
- October 25
- November 22

**Weekend Schedule**

- **Saturday:** 9:00 A.M. – 6:30 P.M. Pacific
- **Sunday:** 9:00 A.M. – 6:30 P.M. Pacific

*All ending times are approximate. There is a meal break of 1½ hours on each day Saturday and Sunday along with other shorter breaks throughout each day.

**USM Community**

An important product of the University of Santa Monica is the quality of the learning environment. As a conscious educational community, we are continually cultivating and evolving in service to all participating. At USM, everyone is a student, including currently enrolled students, staff, faculty, and alumni. USM’s intention is congruence between what is taught and the process through which it is taught.
Tuition

SOUL-CENTERED LIVING I PROGRAM

Monthly Tuition of $1,000 for the 10 Months $10,000
(March prepaid by Registration Deposit)

MONTHLY PAYMENT SCHEDULE

<table>
<thead>
<tr>
<th>Class</th>
<th>Tuition</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>March</td>
<td>$1,000</td>
<td>Upon Registration</td>
</tr>
<tr>
<td>April</td>
<td>$1,000</td>
<td>3/21/2022</td>
</tr>
<tr>
<td>May</td>
<td>$1,000</td>
<td>4/21/2022</td>
</tr>
<tr>
<td>June</td>
<td>$1,000</td>
<td>5/21/2022</td>
</tr>
<tr>
<td>July</td>
<td>$1,000</td>
<td>6/21/2022</td>
</tr>
<tr>
<td>August</td>
<td>$1,000</td>
<td>7/21/2022</td>
</tr>
<tr>
<td>September</td>
<td>$1,000</td>
<td>8/21/2022</td>
</tr>
<tr>
<td>October</td>
<td>$1,000</td>
<td>9/21/2022</td>
</tr>
<tr>
<td>November</td>
<td>$1,000</td>
<td>10/21/2022</td>
</tr>
<tr>
<td>December Lab</td>
<td>$1,000</td>
<td>11/21/2022</td>
</tr>
</tbody>
</table>

SPECIAL TUITION FOR GRAD AUDITS

Monthly Tuition of $750 for the 10 Months $7,500
Next Steps

YOU’RE INVITED

USM WORLDWIDE COMMUNITY GATHERINGS

These complimentary evenings provide an opportunity to experience the *Principles and Practices of Spiritual Psychology* in action, meet the faculty, and interact with current students, staff, and graduates.

USM Worldwide Community Gatherings are held online on select dates throughout the year. To RSVP for an upcoming event, or visit goUSM.edu/rsvp

ADMISSION—NEXT STEPS

In order to support the experience of being part of an educational community, USM accepts 250 highly qualified students each year. Classes begin in March and spaces fill quickly. When the class fills, prospective students are placed on a waiting list. A completed Application for Admission is required to reserve your space in the class, pending your acceptance into the Program. If it is your intention to participate, we encourage you to register and complete your Application early in order to receive priority consideration for admission.

Click here to view this Program Guide information on our website.

SOUL-CENTERED LIVING I ADMISSIONS CRITERIA

For acceptance to *Soul-Centered Living I: A 10-Month Certificate Program in Spiritual Psychology Online*, the University of Santa Monica’s Admissions Committee uses the following criteria to evaluate each applicant’s completed Application:

- Commitment to life-long learning.
- Emotional/psychological maturity, including interpersonal competencies, attributes, and skills necessary to be successful in an educational Program that emphasizes experiential learning.
- Intention to actively engage in learning and applying the *Principles and Practices of Spiritual Psychology*.
- Commitment to full participation and completion of the Program.

Our Admissions Team is available to answer your questions about applying to *Soul-Centered Living I: A 10-Month Certificate Program in Spiritual Psychology Online*.

Please call Admissions at (310) 829-7402 x129.
LIFE MASTERY & SOUL-CENTERED LIVING II

A 10-Month Certificate Program in Advanced Spiritual Psychology Online™

Curriculum Guide
2022
Program Overview

Life Mastery & Soul-Centered Living II—USM’s 10-month Certificate Program in Advanced Spiritual Psychology Online—has been Co-Created from the foundation of over 35 years of experience in offering progressive graduate Programs in Spiritual Psychology.

This dynamic Program is on the frontier of human consciousness. The content, methodology, and educational process of this Program provide students opportunities to recalibrate their consciousness and their lives at a higher level. Classes emphasize relevant, immediately usable information, skills, and experiences designed to support students into an experience of deeper meaning, greater effectiveness, and enhanced fulfillment in all areas of their lives. Accomplishing this requires a balanced approach with emphasis on personal accountability and experiential learning.
Program Overview

What is the Relationship Between Spiritual Psychology, Life Mastery, and Soul-Centered Living?

This Program is for those who understand that the tea master, aikido master, or sword master devotes a lifetime to developing Mastery with the Awareness and understanding that if you master yourself, you can master anything.

In other words, Mastery proceeds from the inside out and is a lifelong process.

This is not a Program for dilettantes or dabblers. It is for those who are committed to participating wholeheartedly in a very refined, experiential educational process with the intent of leading to a Transformed Consciousness and a Transformed Life. It’s for students who have the readiness to Awaken from Spiritual amnesia and live their lives in greater harmony with their Essential Spiritual Nature characterized by Clarity, Wisdom, Peace, Loving, Joy, Aliveness, and Freedom.

The courses within the Life Mastery & Soul-Centered Living II Program each stand on their own in the unique value they contribute to the students as they engage in the educational process. In addition, they are in resonance with each other and synergistic in the ways they support, engage, and challenge students in developing Mastery.
“I saw the angel in the marble and carved until I set him free.”

—Michelangelo
Benefits of USM’s Life Mastery & Soul-Centered Living II Program

• Integrating the *Principles & Practices of Spiritual Psychology* such that they become a Way of Being and a way of life

• Cultivating the Consciousness of the Neutral Observer in service to resolving patterns that you came to the Earth School to heal.

• Envisioning, designing, implementing, and completing a *Sacred Yes Project* of your choice.

• Being part of a four-person *Sacred Yes Project Team* whose purpose is the giving and receiving support for manifestation of each member’s *Sacred Yes Project*.

• Experiencing the *Healing of Memories* eight-month sequence in service to Cleansing the lens of your perception.

• Exploring and utilizing the opportunities for Healing and Spiritual Awakening available through relationships with others when approached from within a Spiritual Context.

• Participating in an educational community known for genuineness, caring, and support.

• Deepening your Mastery in Working Your Process as you learn and practice 15 Soul-Centered Basic Skills in addition to the 33 learned and practiced during *Soul-Centered Living I*.

• Immersing yourself in a powerful Spiritual energy field each month during this time of great change on the planet in service to your Healing, Transformation, and Awakening.

• Dissolving barriers within yourself in service to higher levels of commitment to Self and engagement in your life—both personally and professionally.

• Recalibrating your consciousness and life at higher levels.

• Working with Master Teachers Drs. Ron and Mary Hulnick, who are facilitating this world-renowned, life-changing Program.

“My hope and wish is that one day, formal education will pay attention to what I call ‘education of the heart.’”

—Dalai Lama
Program Structure

Classes, conducted in a supportive educational environment, meet one weekend a month for nine months, February through October, plus a four-day Retreat in November and one Tuesday evening per month in between class weekends.

The Life Mastery & Soul-Centered Living II Program includes six courses focusing directly in the areas that enhance and assist students in Awakening in consciousness, healing unresolved issues, and developing greater mastery in their everyday lives, including:

- The Healing of Memories: Cleansing the Lens of Perception
- Relationship as Spiritual Opportunity
- Life Mastery & Soul-Centered Co-Creation
- Life Mastery & Soul-Centered Co-Creation Project Teams
- Cultivating the Consciousness of the Spiritual Scientist
- Four-Day Advanced Spiritual Psychology Online Retreat

This ten-month Program is designed sequentially with emphasis placed upon participants applying what they are learning in order to take their next steps both personally and professionally. Accomplishing this requires a balanced approach with emphasis on experiential learning, practical application of the Principles and Practices of Spiritual Psychology in the students’ everyday lives, and the revelation of the Authentic Self.
Program Courses

The Healing of Memories: Cleansing the Lens of Perception
This course includes experiential exploration of human growth and development within the Spiritual Context of Healing and Awakening in consciousness. Students have opportunities for reviewing their life experiences, dis-identifying with their story in service to releasing what no longer serves them, and healing old hurts, misinterpretations of reality, and the deeper underlying patterns associated with them. Emphasis is placed on exploring their own personal history in service to the Healing of Memories—including intergenerational patterns—and learning to use all experience to their advancement in service to their Healing, Awakening, and Mastery. Emphasis is also placed on cultivating attitudes and habits of nurturing self-care physically, mentally, emotionally, and spiritually.

Relationship as Spiritual Opportunity
This course focuses upon the family and intimate relationships as potentially some of the greatest opportunities on the planet for healing, learning, and growth. It involves integrating and applying the Principles and Practices of Spiritual Psychology to the process of transforming one significant relationship. Patterns and dynamics of individuals, couples, and family relationships are identified and considered within a Spiritual Context. Methods designed to cultivate more fulfilling couples’ and families’ relationships are explored and practiced. Students learn experientially how to utilize the everyday life experiences of their relationships as rungs on the ladder of Spiritual Awakening through applying the empowering Principles and Practices of Spiritual Psychology.

Life Mastery and Soul-Centered Co-Creation
In service to enhancing Life Mastery, demonstrating leadership in their own life, and experiencing the transformational potential and fulfillment inherent in the process of Soul-Centered Co-Creation, each student participates in identifying, envisioning, designing, implementing, and successfully completing a substantive Project that has Heart and meaning for them. Emphasis is placed on demonstrating mastery in applying the tools of Co-Creation while effectively utilizing the Principles and Practices of Spiritual Psychology for empowering and supporting oneself in producing successful results in physical-world reality as well as for healing, growth, and transformation.
**Life Mastery & Soul-Centered Co-Creation Project Teams**

This course is taken in conjunction with *Life Mastery & Soul-Centered Co-Creation* and is designed to provide ongoing support for each student in completing a heartfelt and substantive Project utilizing the process of Soul-Centered Co-Creation and demonstrating Mastery. Class format consists of small group Project Team meetings held a minimum of twice a month. This course provides opportunities for demonstrating effective application of the *Principles and Practices of Spiritual Psychology* in communicating with Team members; supporting Team members in demonstrating clear intention, creativity, resourcefulness, and greater Mastery. The Project Teams and the class itself become a community of support, encouraging courageous participation and whole-hearted engagement. Additionally, Project Teams are a learning laboratory within which each student has opportunities for more fully integrating and effectively utilizing the *Principles and Practices of Spiritual Psychology* in service to recalibrating their consciousness and lives at higher levels.

**Cultivating the Consciousness of the Spiritual Scientist**

The Spiritual Scientist is a faculty of Higher Consciousness characterized by Neutral Observation. It allows students to enter a judgment-free zone in which they are free to choose and conduct experiments relative to their own consciousness and aspects of their everyday lives. A major benefit of cultivating the Consciousness of the Spiritual Scientist is that it provides a context within which students can experience the Freedom that comes from embracing a *Learning Orientation to Life*.

Students are provided with a practical tool, a *Patterning Journal*, which provides opportunities to function as a Spiritual Scientist by practicing Neutral Observation in each student's own consciousness. Through the practice of Neutral Observation, it is possible to gain the leverage necessary to alter/dissolve certain patterns, thereby recalibrating one’s consciousness at a higher level. This course provides a methodology for transforming restriction, limitation, and unclarity in consciousness by moving from the duality of ego-referenced thinking to the altitude of Neutral Observation and the clarity and Inner Knowing of the Spiritual Scientist.

**Four-Day Advanced Spiritual Psychology Online Retreat**

The Advanced Spiritual Psychology Retreat is a four-day experiential laboratory designed as the culminating experience of *Life Mastery & Soul-Centered Living II*. Each day, students have the opportunity to synthesize, integrate, and demonstrate the *Soul-Centered Basic Skills* and *Facilitation Approaches* learned in the Program. Emphasis is upon practical application of the *Principles and Practices of Spiritual Psychology* learned and practiced throughout the Program.
Life Mastery & Soul-Centered Living II
Climbing the Mountain of Light!

Now that you’ve gained some familiarity with the essential elements of the Life Mastery & Soul-Centered Living II Program, we’d love to share some additional information with you.

This Program is about demonstrating Mastery. This provides opportunities to step up to a higher level of commitment and engagement in your Awakening and in the matters of your everyday life than perhaps you have ever previously known. There is only one way we know of providing you with opportunities for reaching these higher levels. We must encourage you in “reaching higher,” and to do this means “raising the bar.” It would do you no good were we to bring the bar down to where you are already functioning. Of course, in true USM style, the bar is raised gradually over nine months, thus giving you time to assimilate one level before ascending to the next.

The Life Mastery & Soul-Centered Living II Program is a life-transforming process. You will have tremendous support throughout the Program from the USM faculty, staff, your classmates, your Inner Counselor, and from Spirit. Remember, the willingness to do gives the ability to do. We do know two things for sure—you can do this and the benefits are life-long and beyond!

If you are inspired to invest ten months of your life in recalibrating your consciousness and your life at new levels and in developing the consciousness of Mastery as a Way of Being and Way of Life, the levels of support and opportunities to accelerate your Awakening are exceptional.
2022 Class Schedule

A Schedule You Know
Classes meet one weekend a month for nine months, February through October, plus a four-day Retreat in November and one Tuesday evening per month in between class weekends. Please refer to the schedule below for Weekend and Tuesday Class Schedule and hours.

Note that all times are Pacific.

Weekend Classes
February 19 & 20
March 19 & 20
April 23 & 24
May 21 & 22
June 18 & 19
July 23 & 24
August 20 & 21
September 24 & 25
October 22 & 23
Four-Day Retreat
November 16–19, 2022

Tuesday Classes
March 8
April 5
May 10
June 7
July 12
August 9
September 13
October 11
November 8

Weekend Schedule*
Saturday: 9 A.M. – 6:30 P.M.
Sunday: 9 A.M. – 6:30 P.M.

Tuesday Hours
5:00 – 8:30 P.M.

*All ending times are approximate. There is a meal break of 1 ¼ hours on each Saturday and Sunday along with other shorter breaks throughout each day.
**Tuition**

**LIFE MASTERY & SOUL-CENTERED LIVING II**  
**PROGRAM TUITION**

Monthly Tuition of $1,200 for the 10 Months $12,000  
(February prepaid by Registration Deposit)

<table>
<thead>
<tr>
<th>CLASS</th>
<th>TUITION</th>
<th>DUE DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>FEBRUARY</td>
<td>$1,200</td>
<td>UPON REGISTRATION</td>
</tr>
<tr>
<td>MARCH</td>
<td>$1,200</td>
<td>March 3, 2022</td>
</tr>
<tr>
<td>APRIL</td>
<td>$1,200</td>
<td>April 3, 2022</td>
</tr>
<tr>
<td>MAY</td>
<td>$1,200</td>
<td>May 3, 2022</td>
</tr>
<tr>
<td>JUNE</td>
<td>$1,200</td>
<td>June 3, 2022</td>
</tr>
<tr>
<td>JULY</td>
<td>$1,200</td>
<td>July 3, 2022</td>
</tr>
<tr>
<td>AUGUST</td>
<td>$1,200</td>
<td>August 3, 2022</td>
</tr>
<tr>
<td>SEPTEMBER</td>
<td>$1,200</td>
<td>September 3, 2022</td>
</tr>
<tr>
<td>OCTOBER</td>
<td>$1,200</td>
<td>October 3, 2022</td>
</tr>
<tr>
<td>FOUR-DAY ONLINE RETREAT TUITION</td>
<td>$1,200</td>
<td>November 3, 2022</td>
</tr>
</tbody>
</table>

**At this time, we plan to offer a culminating experience Online.**

**LIFE MASTERY & SOUL-CENTERED LIVING II**  
**AUDIT TUITION**

Monthly Tuition of $900 for the 10 Months $9,000  
(February prepaid by Registration Deposit)
CONSCIOUSNESS, RADIANT HEALTH & HEALING: A PORTAL TO GRACE
A 10-MONTH CERTIFICATE PROGRAM IN ADVANCED SPIRITUAL PSYCHOLOGY ONLINE
2021–2022
CHH 2021: A Welcome from Ron & Mary

It is with Joy, Gratitude, and Enthusiasm that we are preparing for the launch of the Consciousness, Radiant Health & Healing Program in April 2021! As many of you know, CHH is my (Mary’s) favorite! It’s been truly a Blessing for us to facilitate and nurture this Spirit-Inspired Program through the years and to witness the profound Healing, Transformation, and Awakening of the students who have participated.

This Program was last offered in 2017–18. One Grad told us that the CHH Program literally changed her DNA! Another Grad shared that she initially enrolled in the Program to address concerns about her eyesight; what she soon discovered was nothing less than the opening of her Spiritual vision. What Miracles of Grace we have experienced!

Now, three years later, there is both a poignancy and immediacy present as we attune to Spirit’s Inspiration and Guidance about this Program given current conditions on the planet: Covid-19 with variant strains emerging, political polarization, economic hardship and food insecurity, climate change unleashing environmental issues of massive proportions, severe air pollution wreaking havoc on human health and the health of the planet, and social unrest based on racial issues.

How will we respond to the steepening learning curve? Shall we default to a “New Normal” by remaining at the level of consciousness that actually created our current challenges? Or shall we evolve to a “New Better” by equipping ourselves with an elevated consciousness truly capable of achieving it?

Current conditions are providing tremendous opportunities for Healing individually, for humanity, and for the planet. How does such Healing occur? It occurs through the evolution of consciousness. Conscious people make wiser choices in harmony with the Highest Good of all concerned. We are at the beginning of a New Age. With the higher energies that are coming onto the planet at this time, exceptional opportunities are present for growth and transformation—for rapid Awakening and elevation of consciousness. CHH is a Program in harmony with the higher frequencies presenting unparalleled opportunities for Healing and Awakening into Higher Consciousness.

Are you ready to answer the call at this critical moment in the evolution of humanity—a moment offering opportunities for unprecedented advances in consciousness and requiring radical change in physical-world reality?

By each one of us doing our own work, the net result will be the transmutation of prejudice, inhumanity, oppression, and the illusions of unworthiness and separation—the “dis-ease”
that afflicts us all. In short, the time is at hand for humanity to evolve. Our response to the “dis-ease” is our continuing to answer the Call of Spirit to share this work. Know it is our intention, stronger than ever, to continue serving the greater Awakening that is taking place on the planet at this time. Participating in the Conscience, Radiant Health, and Healing Program is an opportunity to experience Radiant Health and Well-Being on all levels, including the physical, mental, emotional, spiritual, and unconscious. Accelerate your Healing. Accelerate your Transformation. Live your life Awake to Love. Be the difference that makes a difference.

As Ron said 40 years ago: “Every time one person resolves one issue, the whole of humanity moves forward.”

Join us for this dynamic, exciting, and sacred offering. It will truly be a year to remember.

With Blessings of Loving, Light & Radiant Health and Well-Being,
The University of Santa Monica’s 10-Month Certificate Program in Consciousness, Radiant Health, and Healing: A Portal to Grace is an Advanced Program in Spiritual Psychology on the frontier of Awakening in consciousness. It provides students opportunities to experientially explore the relationship between Higher Consciousness, Radiant Health, and Healing through a rich, multi-dimensional Soul-Centered educational process supporting deep Healing and Awakening into the fuller revelation, expression, and embodiment of the Authentic Self—the Beauty, Majesty, Wisdom, Creativity, and giftedness of each student.

This Program has been carefully curated for many years, evolving each time it has been offered. The 2021 CHH Program has transformed. While the Essence remains the same, the curriculum is refining and evolving in harmony with the higher frequencies of Spiritual energy that are moving on the planet at this time. As co-creators aligning, attuning, and deeply listening to Spirit’s guidance and inspiration, the experience is one of turning the kaleidoscope and witnessing an even more luminous and beautiful educational process being brought into focus and manifestation in service to those called to participate in the crown jewel of USM’s current offerings.

Our intention is to serve Spirit, those participating, and the greater Awakening that is taking place on the planet as we come together plumbing the Deeper levels while participating together in a Spiritual energy field of Grace.

The Program is intended for the sincere student committed to an additional year of advanced study offering powerful opportunities for expanding Awareness and further integrating the Principles and Practices of Advanced Spiritual Psychology. This Certificate of Completion does not lead to an occupational certification, nor does it prepare one to sit for any license.

This 10-month Program is conducted in a supportive and enlivening educational environment. Classes meet Saturday and Sunday, one weekend a month for nine months plus one evening per month, April through December, and an online Retreat in January.
CHH Program Distinguishing Features

Highlights of the Program Include:

• **Participating** in a Soul-Centered educational process of unfoldment, which supports the revelation, fuller expression, and embodiment of your entelechy and Soul’s purpose.

• **Accessing**, developing, and deepening your relationship with your Inner Counselor and Inner Knowing through consciously cultivating and strengthening intuition and direct knowing, metaphorical/symbolic ways of knowing, and rational/analytical ways of knowing.

• **Attuning** and cultivating the Wisdom and Guidance of your Inner Counselor as a Way of Being and a way of life.

• **Cultivating** and embodying the Healing Consciousness and the qualities that are its hallmarks, including Aliveness, Compassion, Acceptance, Gratitude, Authenticity, Peace, Joy, and Unconditional Loving.

• **Exploring** and experiencing how Radiant Health and Well-Being are influenced by the Healing of unresolved issues in consciousness.

• **Accepting** and embracing your Wholeness and Holiness through working with the excesses and deficiencies associated with each of the first nine chakra centers.

• **Experiencing** greater fulfillment through more fully Accepting your embodiment, deepening in your Authentic Self through Healing the patterns you came to learn and grow through and sharing the gifts you came to share.

• **Reframing** the experiences, challenges, and opportunities of illness and dis-ease through the lens of the Soul’s perspective.

• **Experiencing** the body as a temple for the Soul and as an instrument for the Divine.

• **Participating** in two monthly Sacred Healing Circles meetings—outside of class weekends—designed to support you in maximizing the value you receive and applying what you are learning through your participation in the CHH Program.

“We shall teach and learn to cure ourselves rather than alleviate symptoms. We shall transcend to the point of going through something for the last time Completion will be a part of the spiritual ecology.”

— John-Roger, Founder
Founder's Message, 1976
YOUR INNER COUNSELOR: INNER GUIDANCE AND WAYS OF KNOWING

In this course, a primary focus is enhancing the sixth and seventh senses of intuition and direct knowing in service to deepening the student’s capacity to receive Inspiration, Guidance, and Wisdom through cultivating and deepening their relationship with their Inner Counselor. Designed as an exploration of three distinct yet related Ways of Knowing, the first focus is the further development of rational/analytic ways of knowing. The second explores metaphorical and symbolic ways of knowing as exemplified in the language of dreams, art, poetry, and imagery. The third supports students in accessing and utilizing intuition and direct knowing. Throughout the course, students participate in a regular Spiritual practice of their choice and in attuning to the Wisdom and Guidance of their Inner Counselor.

ACCEPTING AND EMBRACING YOUR WHOLENESS AND HOLINESS: ROOT TO CROWN AND BEYOND

This course explores the relationship between Consciousness, Radiant Health, and Healing by examining how Radiant Health and Well-Being are influenced both by unresolved issues in consciousness as well as their subsequent Healing. Radiant Health describes a state of Being that encompasses more than is usually meant when the word health is used. Radiant Health includes physical, mental, emotional, unconscious, and Spiritual levels of health and well-being. In this course emphasis is given to working with the patterns—the excesses and deficiencies associated with each of the first nine chakra centers humans experience as part of their unique Spiritual Curriculum. Patterns in consciousness are explored in a safe and Sacred space supporting Healing, Liberation, and Awakening into Higher Consciousness.

CULTIVATING THE HEALING CONSCIOUSNESS: SACRED HEALING CIRCLES

This course explores the nature of, and facilitates the deepening of, the Healing Consciousness. Class format for Sacred Healing Circles consists of four class members meeting outside of class a minimum of twice a month for two hours per meeting. The intention and purpose is learning to reside in the Healing Consciousness and to serve as the Presence of Love, an instrument of the Divine, radiating Healing energy in accordance with the Highest Good in whatever situation or circumstance within which one finds oneself. The shared experience of participating in Sacred Healing Circles assists in developing and deepening the Service Consciousness, including both Service to others and Service to Self. Service provides opportunity for birthing deeper levels of Compassion, Honesty, Acceptance, Gratitude, Authenticity, Joy, Peace, and Unconditional Loving: hallmarks of the Healing Consciousness.
ENTELECHY: YOUR JOURNEY FROM ACORN TO OAK TREE AND BEYOND

The intention and purpose of this course is providing experiences supporting students in experiencing and expressing their entelechy. Entelechy for the purpose of this course is conceived as having two meanings. The first refers to the eventual destiny of every human being. If the entelechy of an acorn is to become an oak tree, it is the entelechy of a human being to realize itself as a pure emanation of Divine Love. The second meaning refers to the unique gifts each human being comes to share. The course supports and encourages students in recognizing, cultivating, and expressing both entelechies—and in Awakening to the experience of Self as an Instrument of the Divine and a vehicle for sharing Inner Gold.

CURRENT TOPICS IN ADVANCED SPIRITUAL PSYCHOLOGY

This course includes specific topics relevant to Advanced Spiritual Psychology and Consciousness, Radiant Health, and Healing. Topics vary according to Faculty and student interest. The intention is to include topics that will support students in their Healing and Awakening. Just as a diamond has many facets, Awakening reveals the many facets of consciousness and the opportunity for further Cleansing and Polishing the Lens of Perception in service to Self-Realization. Topics may include the Healing Power of Prayer, Embodying the Divine Feminine, Embodying the Sacred Masculine, the Power in the Space Between Stimulus and Response, Stillness, etc.

CONSCIOUSNESS, HEALTH, AND HEALING SIX-DAY RETREAT ONLINE

This retreat, which is conducted within the context and energy of the Universal Spiritual Heart. It is designed to assist participants in synthesizing, further integrating, and effectively utilizing the Soul-Centered Basic Skills, Healing attitudes, and tools of Awareness associated with the Principles and Practices of Advanced Spiritual Psychology. It provides opportunities for students to invoke and embody the Healing Consciousness, hallmarks of which include Compassion, Honesty, Acceptance, Gratitude, Authenticity, Joy, Peace, and Unconditional Loving in service to experiencing enhanced levels of Radiant Health and Well-Being.
CHH Format and Certificate Requirements

The 10-month online Program meets Saturday and Sunday, one weekend a month for nine months, April through December, and one evening per month between class weekends, plus an online Retreat in January as a capstone to the Program.

Prerequisite to enrollment in this Program includes the successful completion of the University of Santa Monica’s two-year Program in Spiritual Psychology (M.A. Degree or Certificate of Completion), or graduates of both Soul-Centered Living I and Life Mastery & Soul-Centered Living II. Students are required to attend all classes and successfully complete all courses, including:

- Your Inner Counselor: Inner Guidance and Ways of Knowing
- Accepting and Embracing Your Wholeness and Holiness: Root to Crown and Beyond
- Cultivating the Healing Consciousness: Sacred Healing Circles
- Entelechy: Your Journey From Acorn to Oak Tree and Beyond
- Current Topics in Advanced Spiritual Psychology
- Consciousness, Radiant Health, and Healing Six-Day Retreat Online

“The myriad of current conditions present globally are providing tremendous opportunities for Healing individually, for humanity and for the planet. How does such Healing occur? It occurs through the evolution of consciousness. By each one of us doing our own Healing work, the net result will be the transmutation of prejudice, inhumanity, oppression, and the illusions of unworthiness and separation—the “dis-ease” that afflicts us all.

“Participating in Consciousness, Radiant Health, and Healing: A Portal to Grace presents unparalleled opportunities for Healing and Awakening into Higher consciousness. Join us for a year to remember.”

—Drs. Ron & Mary Hulnick
Our Sacred Healing Circle has been meeting monthly since completing CHH in 2018. In this Sacred Space, we remind each other of our inherent goodness as we encourage and support one another in living our best, most courageous lives. It is truly a respite for our Souls, a place where each of us is seen, heard, nurtured and inspired. Month after month, year after year, we support each other in looking through the lens of the Spiritual Consciousness, seeing the limitless possibilities being presented to us, inviting us, again and again, to experience ourselves as the Presence of Love. We remind ourselves who we truly are; we celebrate our unique gifts and blessings; we assist each other in seeing the Divine curriculum and opportunities for growth and learning being presented to us in our day-to-day lives. As we continue to embrace and integrate the Principles and Practices that we learned during our time as students in the USM classroom, we do so with the ongoing loving support of each other. What a treasured blessing our ever-evolving Sacred Healing Circle of Soul Sisters is!”

— February 2021
Lori Cash Richards, Sara Thompson, Arminda Lindsay, Jane Lucien-Scholle (CHH ‘18)
**Class Schedule**

**A Schedule You Can Live With**

Classes meet one weekend a month for ten months, April through December, and one evening per month in between classes plus a six-day online Retreat in January.

**Weekend Classes**

- APRIL 10 & 11
- MAY 8 & 9
- JUNE 5 & 6
- JULY 10 & 11
- AUGUST 7 & 8
- SEPTEMBER 11 & 12
- OCTOBER 9 & 10
- NOVEMBER 6 & 7
- DECEMBER 4 & 5

**Weekend Schedule**

- SAT: 9 a.m. – 6:30 p.m. Pacific
- SUN: 9 a.m. – 6:30 p.m. Pacific

**Tuesday Evenings**

- APRIL 27
- MAY 25
- JUNE 22
- JULY 27
- AUGUST 24
- SEPTEMBER 28
- OCTOBER 26
- NOVEMBER 16
- DECEMBER 14

**Evening Hours**

6:00 p.m. – 8:00 p.m. Pacific

**Six-Day Retreat**

JANUARY 21–26, 2022

**Tuition**

**Consciousness, Radiant Health & Healing Program**

- Monthly Tuition of $1,200 for the 10 Months: $12,000
- Audit Tuition of $900 for the 10 Months: $9,000

To inquire about financial assistance, please contact an Admissions Advisor.
Drs. Ron and Mary Hulnick are pioneers and thought leaders in the field of Spiritual Psychology, and Master Teachers and Facilitators of Awakening in Consciousness. They are renowned educators, Hay House authors, and Founding Faculty of the University of Santa Monica where they have designed, developed, and facilitated Educational Programs for the past 35 years. Both are licensed Marriage and Family Therapists, and Mary is also a licensed Clinical Psychologist.

They are the authors of *Loyalty to Your Soul: The Heart of Spiritual Psychology*, published by Hay House and available in 12 countries and 8 languages. Their latest book, *Remembering the Light Within: A Course in Soul-Centered Living*, was published by Hay House in February 2017.

Drs. Ron and Mary Hulnick have provided leadership in designing and facilitating the University’s *Soul-Centered Living Program I in Spiritual Psychology; Life Mastery & Soul-Centered Living II Program in Advanced Spiritual Psychology; Consciousness, Radiant Health, and Healing; Soul-Centered Leadership; USM’s Online Classroom;* and the groundbreaking *Soul-Centered Professional Coaching Program.*
Dr. Steve Chee joined the faculty at the University of Santa Monica in 2011 serving in the Consciousness, Health, and Healing Program. Since then, he has served as faculty in Soul-Centered Living I and Life Mastery & Soul-Centered Living II Online. He is currently serving as faculty in Consciousness, Radiant Health, and Healing Online.

Dr. Chee is an M.D. who uses natural methods to help people with pain and stress-related conditions. He provides holistic insights to patients based on his broad and unique clinical background. Dr. Chee is dual trained and dual licensed as a Medical Doctor and in Traditional Chinese Medicine. He is also quadruple board certified in Family Medicine, Integrative Medicine, Medical Acupuncture, and Oriental Medicine. He has also completed yoga teacher training and is a certified Qi Gung instructor. Dr. Chee helps people to heal inner conflicts that could be contributing to their health conditions utilizing Spiritual Psychology and his training in an evidence-based psychotherapeutic modality called Internal Family Systems. He practices in Beverly Hills, California.

Dr. Chee received his M.D. degree from Oregon Health & Science University in 2001 where he received a Student Leadership Award. He completed his residency training in Family Medicine at Glendale Adventist Family Practice Residency Program in 2004 where he also served as Chief Resident, receiving the Resident Teacher Award. In 2010, Steve received a Master of Arts degree in Spiritual Psychology with an Emphasis in Consciousness, Health, and Healing from the University of Santa Monica. He has also completed USM’s Soul-Centered Facilitation Program in 2019. In 2014, he completed a Master’s Degree in Traditional Oriental Medicine. Furthermore, Dr. Chee has also completed additional training in Mind Body Medicine through Harvard’s Benson-Henry Institute.

Steve has always had a great love of learning. He receives great fulfillment from being in nature and being of service to others. He also enjoys meditation, qi gung, hiking, yoga, and traveling. He is married to his partner, Alanna Arthur-Chee.
Alanna Arthur-Chee joined the faculty at the University of Santa Monica in 2015. She has served as faculty for the Soul-Centered Living I, Life Mastery & Soul-Centered Living II, and Consciousness, Health & Healing Programs.

Alanna is a Life Coach and Facilitator who has worked with clients worldwide in her private practice since 2003. She specializes in helping people clear the unresolved mental and emotional material (and sometimes physical material/clutter as well) that’s been in the way of them knowing themselves as a Divine being having a human experience. Being a Medical Intuitive, she has extensive experience and training in the fields of intuition, energy medicine and Mind Body Medicine. She knows the importance of people following their inner knowing and facilitates individuals and groups in connecting to their body, their intuition, and to Source, in support of their wellness on all levels, and living a rich, meaningful life.

She leads programs on Clearing the Way, Living Light, Living Your Intuition, and Living with Meaning and on Purpose, and has also facilitated workshops and courses focused on personal growth and development, health and wellness, energy medicine, intuition development, awakening in consciousness, meditation, and stress reduction to name a few.

Alanna also partners with her husband, Dr. Stephen Chee, a quadruple board certified Integrative Medicine specialist, to bring an integrative approach to health and wellness in a medical clinic setting.

Alanna received a Master of Arts Degree in Spiritual Psychology from USM in 2007 and added an Emphasis in Consciousness, Health, and Healing in 2008. She also graduated from the USM Soul-Centered Professional Coaching Program in 2013, and completed the Soul-Centered Facilitation Program in 2019. Additionally, Alanna has received training from the Benson-Henry Institute for Mind Body Medicine in The Stress Management And Resiliency Training (SMART). Alanna considers herself a lifelong student, having spent more than 30 years studying within the fields of consciousness, spirituality and personal growth, completing numerous other trainings and certificate programs along the way.

In her free time, she nurtures her body, mind, and spirit through long walks in nature, yoga, writing, meditation, creating expressive art, and photographing nature’s beauty. Alanna resides in the Los Angeles area with her husband, Steve.
What Grads are Saying ...

“The Sacred Healing Circle that we formed in the 2013–14 CHH class was a profound gift—so much so that we all chose to audit CHH in 2017–18! AND we chose to deepen in our sacred bond by recommitting to a second round together as a Sacred Healing Circle. Well, it stuck! For over seven years now (and counting) we’ve continued meeting monthly. The level of intimacy we’ve achieved over this time period, plus a magical sort of instant access to our Higher Selves and Spirit that occurs whenever we gather, has truly opened portals to Grace.”

February 2021
Don Langworthy, Jennifer Herrera, Claudia Perea, Lenore Perry (CHH ‘14 & ‘18)

“If you would like to feel more comfortable in your skin, get in touch with the individual miracle that is You, and find a way to revel in your life, embracing each moment as sacred ... CHH is the place!”

—Heather Devore (CHH ‘12)

“CHH has been my most powerful USM experience thus far. As context, my two years in USM’s Spiritual Psychology Programs were hugely transformational for me, but what I experienced in CHH makes the first two years feel more like the creation of a sacred foundation upon which I am now able to take a deeper cut in working my own process and in experiencing the profound Spiritual epiphany I was yearning for all along.”

—Cyndi Yee (CHH ’08)
“I was standing at the gate to a new threshold in my consciousness. CHH was the key to that gate. I utilized that key and stepped through the gate into a new dimension of liberation for myself. I transmuted lifelong obstacles into sacred stepping stones through conceptual adjustments, attitudinal shifts, and energetic anchorings. The value of doing CHH for me was like putting the sacred frosting on the cosmic cake. INVALUABLE.”

—Jezrael Jeffriez (CHH ‘08)

“The CHH Program literally changed my DNA.”

—Sherry Sami (CHH ‘12)

“If the entelechy of an acorn is to become an oak tree, it is the entelechy of a human to realize itself as a pure emanation of Divine Love.”

Ron & Mary Hulnick
General Information

Founded in 1976, the University of Santa Monica offers Certificate Programs in Spiritual Psychology.

THE USM CATALOGUE
This Catalogue is effective from January 1, 2021, through December 31, 2022.

This Catalogue is reviewed and updated annually, and the University of Santa Monica reserves the right to make any revisions in this Catalogue that it deems necessary, including changes in curriculum, procedures, policies, guidelines, and tuition at any time.

PROGRAM YEAR
Classes for the Soul-Centered Living I Certificate Program Online begin in March. Classes are held monthly (March–November) in a weekend format (Saturday and Sunday), plus a three-day Online lab in December and one Tuesday evening per month in between class weekends. Please see this year's schedule on page 35.

The 2022 Classes for the Life Mastery & Soul-Centered Living II Certificate Program Online begin in February. Classes are held monthly (February–October) in a weekend format (Saturday and Sunday), plus a four-day Online Retreat in November, and one Tuesday evening per month in between class weekends.

Consciousness, Radiant Health & Healing Certificate Program Online is generally offered every other year. Classes meet one weekend a month (Saturday and Sunday), plus a five-day Online Retreat and one Tuesday evening per month in between class weekends.

A SCHEDULE YOU CAN LIVE WITH
Classes meet one weekend a month (Saturday and Sunday), plus a four-day Online Retreat and one Tuesday evening per month in between class weekends. This schedule allows adults with busy personal and professional lives to participate. All times are Pacific.

ONE WEEKEND PER MONTH*:
  SATURDAY: 9:00 A.M. – 6:30 P.M.
  SUNDAY: 9:00 A.M. – 6:30 P.M.

ONE TUESDAY PER MONTH*:
  TUESDAY: 5:00 P.M. – 8:30 P.M.

*All ending times are approximate. Meal breaks of 1 ¼ hours are scheduled on Saturday and Sunday along with other short breaks throughout the day.

Class schedules are available on the University's Web site.
General Information

**Tuition and Expenses**
Full details, including monthly and yearly tuition summaries for each Program, are clearly outlined in the Financial Policies section, pages 90–95.

**Financial Aid**
The University of Santa Monica is not accredited by an agency recognized by the United States Department of Education (USDE), and students are not eligible for state or federal financial aid programs.

**Student Services**
Below is a listing of services provided to prospective and current students:

- **Admissions Advisor**
  Applicants are assigned a designated Admissions Advisor who will provide in-depth information about USM’s Programs, Admission requirements, tuition & fees, and answer any questions.

- **Student Services Representative**
  Assistance is available for students from the Student Services Representative relative to the Program including questions about policies, attendance requirements, class schedules, etc.

- **Educational Materials**
  Students receive these materials in the Online Classroom: Course Blueprints, handouts, and information and templates for creating notebook binders.

  For **Soul-Centered Living I**, included is an Online Membership of more than 70 distinct Soul-Centered Living Practices, including Guided Meditations, available to students 24/7 and provided on an ongoing basis throughout the 10-month Program.

- **Financial Services**
  The Finance Office handles questions about tuition payments, payment plans, and other financial matters.

- **USM Community**
  An important product of the University of Santa Monica is the quality of our learning environment. As a conscious educational community, we are continually cultivating and evolving in service to all participating. At USM, everyone is a student, including currently enrolled students, staff, faculty, and alumni. Our intention is congruence between what is taught and the process through which it is taught.
The Students

USM’s Certificate Programs appeal to those who recognize the sacredness and healing potential of human existence and who intend to incorporate this recognition more fully into their lives, personally and professionally.

Students at the University of Santa Monica are adults with diverse cultural and varied educational, professional, and personal backgrounds. We have designed our Programs to accommodate those with both professional and family responsibilities. The weekend online format allows students to participate from across the U.S. and around the world. Currently, there are 18 countries represented among the student body. Since classes meet monthly over the course of two years, deep bonds are formed as students become a community of support for one another.

The University of Santa Monica provides its students with opportunities for growth both personally and professionally through the application of the Principles and Practices of Spiritual Psychology to everyday life experience. This educational process results in students experiencing greater connection with who they are and their life’s purpose, and enhanced levels of success and fulfillment. This empowers them to make a meaningful contribution in their world.

USM Students include:

- Mental health professionals, including psychiatrists, psychologists, marriage and family therapists, social workers, etc.
- Educators who are teaching at all levels and administrators of educational institutions.
- Healthcare professionals, including physicians, nurses, chiropractors, physical therapists, and practitioners of alternative medicine.
- Those who would like to enhance their interpersonal effectiveness and the quality of their relationships personally and professionally.
- Business owners, executives, managers, supervisors, and consultants seeking to enhance both their leadership and interpersonal skills.
- Individuals with a high level of interface with the public, including sales and marketing representatives, lawyers, professional coaches, realtors, ministers and practitioners, social activists, athletes, peace officers, military personnel, government workers, etc.
- Artists from a wide range of creative disciplines, including authors, painters, poets, sculptors, dancers, classical and modern musicians, photographers, and actors from stage, television, and film.
- Those on a spiritual path who would like to be of greater service to themselves and others who are seeking their next steps personally and professionally.

As students complete the Program, they take their place within a global community of individuals who are committed to a Learning Orientation to Life and to Soul-Centered Living.
Organization & Leadership

Organizational Structure
The University of Santa Monica is a private, not-for-profit educational institution recognized by the U.S. Internal Revenue Service as organized and operated for educational purposes and, therefore, exempt from taxation, pursuant to IRC Section 501(c)(3).

The governing body is the Board of Trustees, which consists of nine members each serving a two-year term. Trustees are elected at an annual meeting or a special meeting held for that purpose by the members of the corporation. The Board meets at least four (4) times a year to conduct corporate business. The Trustees are responsible for choosing the officers of the corporation and for delegating authority to the President.

The President reports directly to the Board of Trustees. The Executive Vice President and Chief Financial Officer report to the President.

The Board of Trustees
H. Ronald Hulnick, Ph.D.—Chair
President
University of Santa Monica

Emilio Diez Barroso
Chairman and CEO of
NALA Investments

John E. McBride
President
Matsco, LLC

John Morton, D.S.S.
Chancellor
University of Santa Monica

Michael Murphy
Retired President & CEO
Mars Incorporated

Richard Powell
Retired President & CEO
Big 8 Supermarkets

Nick Segal
President
Southern California Pacific Union International

Kelli Tabb, Esq.
Counsel
Steinberg and Spencer

Board Members Emeritus
Scott Mednick
Film Producer

Matthew Molitch, J.D.
Retired Chairman
The Clark Group, Inc.
University Leadership

Dr. H. Ronald Hulnick and Dr. Mary R. Hulnick, President and Executive Vice President, respectively, of the University of Santa Monica, have been involved in graduate education for more than 35 years. They are well-respected leaders and educators in the field of Spiritual Psychology. Both Ron and Mary are licensed in the State of California as Marriage and Family Therapists, and Mary is also a licensed Clinical Psychologist. Ron and Mary are the Founding Faculty and designers of the University’s in-person and online Programs and offerings, and co-facilitate many classes along with other USM faculty.

The Executive Leadership Team consists of the President, Executive Vice President, and Chief Financial Officer, and senior staff. The Executive Leadership Team is responsible for the overview of daily operations; formulation and overview of organization systems, policies, and procedures; reporting systems; organizational quality assurance; and leadership in all areas of the University.
Next Steps: Soul-Centered Living I

Application to Soul-Centered Living I: A 10-Month Certificate Program in Spiritual Psychology Online

USM accepts only 250 highly qualified students each year. Classes begin in March and spaces fill quickly. When the class fills, prospective students are placed on a waiting list. An accepted Application for Admission is required to reserve your space in the class, pending your acceptance into the Program.

If it is your intention to participate, we encourage you to complete your Application early in order to receive priority consideration for admission. To begin your Application, visit www.goUSM.edu/SCL

Soul-Centered Living I Admissions Criteria

For acceptance to Soul-Centered Living I: A 10-Month Certificate Program in Spiritual Psychology, the University of Santa Monica’s Admissions Committee uses the following criteria to evaluate each applicant’s completed application.

• Commitment to life-long learning.
• Emotional/psychological maturity, including interpersonal competencies, attributes, and skills necessary to be successful in an educational Program that emphasizes experiential learning.
• Readiness to function as an actively involved learner.
• Commitment to full participation and completion of the Program.
• For applicants whose native language is other than English, a minimum TOEFL score of 560 on the paper test, 220 on the computer test, or a total score of 83 on the internet-based test (with a minimum of 20 on each of the four test components).
Next Steps: Life Mastery & Soul-Centered Living II

Application to Life Mastery and Soul-Centered Living II: A 10-Month Certificate Program in Advanced Spiritual Psychology Online

USM accepts only 250 highly qualified students each year. Classes begin in February and spaces fill quickly. When the class fills, prospective students are placed on a waiting list. An accepted Application for Admission is required to reserve your space in the class, pending your acceptance into the Program.

If it is your intention to participate, we encourage you to complete your Application early in order to receive priority consideration for admission. To begin your Application, visit www.goUSM.edu/LMSCL2

Life Mastery & Soul-Centered Living II Admissions Criteria

For acceptance to Life Mastery & Soul-Centered Living II: A 10-Month Certificate Program in Advanced Spiritual Psychology, the University of Santa Monica’s Admissions Committee uses the following criteria to evaluate each applicant’s completed application.

• Commitment to life-long learning.
• Successful completion of Soul-Centered Living I: A 10-Month Certificate Program in Spiritual Psychology
• Emotional/psychological maturity, including interpersonal competencies, attributes, and skills necessary to be successful in an educational Program that emphasizes experiential learning.
• Readiness to function as an actively involved learner.
• Commitment to full participation and completion of the Program.
Next Steps: Consciousness, Radiant Health & Healing

APPLICATION TO CONSCIOUSNESS, RADIANT HEALTH, AND HEALING: A 10-MONTH CERTIFICATE PROGRAM IN ADVANCED SPIRITUAL PSYCHOLOGY ONLINE (CHH)

USM accepts only 150 highly qualified students each Program year. Classes begin periodically and spaces fill quickly. When the class fills, prospective students are placed on a waiting list. An accepted Application for Admission is required to reserve your space in the class, pending your acceptance into the Program.

CHH ADMISSIONS CRITERIA

For acceptance to Consciousness, Radiant Health & Healing, the University of Santa Monica’s Admissions Committee will use the following criteria to evaluate each applicant’s completed application:

- Commitment to growth and life-long learning.
- Successful completion of the Soul-Centered Living II Certificate Program in Advanced Spiritual Psychology Online.
- Intention to participate in the classroom in ways that contribute value to the learning experience of other students.
- Demonstrated mastery in working with the Goal Line and Soul Line.
- Emotional/psychological maturity, including interpersonal competencies, attributes, and skills necessary to be successful in an educational Program that emphasizes experiential learning.
- Commitment to full participation and completion of the Program.
Financial Policies,
Tuition & Fees
**Tuition Information**

**Employer Assistance With Tuition**
Many employers underwrite programs to assist employees with their educational expenses. The University of Santa Monica encourages students to seek educational assistance from their employer. The University will gladly prepare any reports or other information necessary to meet the requirements of such programs.

**University’s Right to Modify or Change Financial Policies**
The tuition and fee information published in these Financial Policies is in effect for students entering the University’s Programs in the Program Years 2021–2022. For specific tuition and fee information, please call the University’s Finance Office.

The University of Santa Monica reserves the right to make additions, deletions, and modifications to the tuition, fees, and refund policies as listed. While every effort is made to ensure the accuracy of the information published, the University reserves the right to effect changes without notice or obligation. Notices of such changes are widely distributed on campus.

**Tuition Payments**
Tuition for USM’s Certificate Programs may be paid in one of two ways:

1. **Payment in Full**
Payment in full for the Program can be made via credit card or check. Please note that the University does not accept postdated checks.

2. **Monthly Payment Schedule**
To facilitate the most grace and ease for students in paying their tuition and for staff in processing the payments, the University of Santa Monica utilizes a user-friendly Pay-As-You-Go Tuition Payment Program. This program allows for tuition to be remitted automatically on a monthly basis; tuition is due on the 21st of the month preceding the class weekend.

Students have the choice of rendering their payments via automatic charges to their debit or credit cards (MasterCard, Visa, or American Express) or automatic debits to their checking accounts.
Administrative Fees

**RETURNED CHECK FEE $25 PER OCCURRENCE**
This fee is charged for paper and electronic checks returned from a bank regardless of reason, i.e., insufficient funds, closed accounts, etc.

**OFFICIAL TRANSCRIPT FEE $5 EACH COPY**
This fee is charged for each requested copy of a student’s transcript. All financial obligations to the University must be met before any degree, certificate, or transcript can be issued.

**AUDIT TUITION**
Please contact the Office of Admissions for eligibility and tuition rates.
These policies apply to refunds of tuition and other fees.

**Student’s Right to Cancel**

1. You have the right to cancel your agreement for a program of instruction, without any penalty or obligations, through attendance at the first class session or the seventh calendar day after enrollment, whichever is later. After the end of the cancellation period, you also have the right to stop school at any time; and you have the right to receive a pro rata refund if you have completed 60 percent or less of the scheduled days (or hours) in the current payment period in your program through the last day of attendance.

2. Cancellation may occur when the student provides a written notice of cancellation at the following address: University of Santa Monica, 2118 Wilshire Blvd, #105, Santa Monica, CA 90403. This can be done by mail.

3. The written notice of cancellation, if sent by mail, is effective when deposited in the mail properly addressed with proper postage.

4. The written notice of cancellation need not take any particular form and, however expressed, it is effective if it shows that the student no longer wishes to be bound by the Enrollment Agreement.

5. If the Enrollment Agreement is cancelled, the school will refund the student any money he/she paid, less a registration or administration fee not to exceed $250, within 45 days after the notice of cancellation is received.

**Withdrawal From the Program**

You may withdraw from the school at any time after the cancellation period (described above) and receive a pro rata refund if you have completed 60 percent or less of the scheduled days (or hours) in the current payment period in your program through the last day of attendance. The refund will be less a registration or administration fee not to exceed $250, and less any deduction for equipment not returned in good condition, within 45 days of withdrawal. If the student has completed more than 60 percent of the period of attendance for which the student was charged, the tuition is considered earned and the student will receive no refund.
For the purpose of determining a refund under this section, a student shall be deemed to have withdrawn from a program of instruction when any of the following occurs:

- The student notifies the institution of the student’s withdrawal or as of the date of the student’s withdrawal, whichever is later.

- The institution terminates the student’s enrollment for failure to maintain satisfactory progress; failure to abide by the rules and regulations of the institution; absences in excess of maximum set forth by the institution; and/or failure to meet financial obligations to the School.

- Failure to return from a leave of absence.

For the purpose of determining the amount of the refund, the date of the student’s withdrawal shall be deemed the last date of recorded attendance. The amount owed equals the daily charge for the program (total institutional charge, minus non-refundable fees, divided by the number of days in the program), multiplied by the number of days scheduled to attend, prior to withdrawal.

For programs beyond the current “payment period,” if you withdraw prior to the next payment period, all charges collected for the next period will be refunded.

If any portion of the tuition was paid from the proceeds of a loan or third party, the refund shall be sent to the lender, third party or, if appropriate, to the state or federal agency that guaranteed or reinsured the loan. Any amount of the refund in excess of the unpaid balance of the loan shall be first used to repay any student financial aid programs from which the student received benefits, in proportion to the amount of the benefits received, and any remaining amount shall be paid to the student. If the student has received federal student financial aid funds, the student is entitled to a refund of moneys not paid from federal student financial aid program funds.
ADDENDUM
When we, as human beings, look out at the world, we cannot help but wonder what we are doing here and what, if anything, is our purpose. We experience ourselves operating in a physical world reality and yet are also aware of ourselves as having mental, emotional, and, sometimes, Spiritual experiences.

Until recently, the field of psychology tended to identify its area of concern as the field of behavior and/or the personality, which has been conceived as the interplay between the mental and emotional levels of consciousness. In this system, individuals are assisted in navigating away from unhealthy thinking patterns, related emotional reactivity, and inappropriate behavior, and toward positive mental habits, appropriate emotional responses, and effective behavior. This movement from negative to positive polarity has been associated with moving toward a productive and fulfilling life as played out in the physical world. When these assumptions are coupled with appropriate interventions, the results can, in fact, be quite effective.

These days, however, greater numbers of people are asking questions of a more fundamental nature. We want to know who we are at a level far deeper than that promised merely by success in the material world.

And as scholars, poets, and wise people in general have been saying for centuries, there is a deeper level within each of us that we refer to as the Authentic Self or Soul, the Spiritual dimension of human consciousness. This is the level of awareness that people who meditate seek to explore, and (as those who say they have succeeded report) all that is ever found there are Peace, Love, Joy, and Infinite Compassion. It is at this level that we, as human beings, begin to experience who we truly are as Spiritual Beings with Spiritual purpose independent from the personality dictates of the mind and emotions.

How, then, are we to proceed if we are going to concern ourselves with a psychology that goes beyond the personality? We call this field Spiritual Psychology. It is a field pioneered, innovated, and masterfully developed by Drs. Ron and Mary Hulnick at the University of Santa
Monica, and it is why USM is the recognized authority and Worldwide Center for the Study and Practice of Spiritual Psychology.

It would appear that such a study would require knowledge of every individual’s divine purpose in order to determine a particular course of action that would best serve each person. And perhaps such knowledge is precisely the direction in which we are moving. As with any good mystery, it is impossible to know where we are going before we get there, as the journey itself is revelational.

In more than 35 years of working with the Principles and Practices of Spiritual Psychology, we have found ways of learning to be with each other, both in terms of Soul-Centered skills and attitudes that lead toward experiencing the deeper divine levels of wholeness and inner fulfillment while, at the same time, enhancing the outer quality of people’s lives.

These skills and attitudes include working with the creative power of Intention, the healing power of Unconditional Loving and Forgiveness, and the peaceful power of Acceptance. We have found ways of developing beyond the five-sense modality into the sixth sense of intuition and the seventh sense of direct knowing. We are learning how the physical body responds to mental and emotional input, and we are reaping the rewards associated with Heartfelt expressions of Gratitude and Service. We are also learning how to spend more time at the Authentic Self level, where we reside in Unconditional Loving and Healing truly occurs.

At the University of Santa Monica, we recognize the fundamental Spiritual reality and purpose of human existence and define Spiritual Psychology as the art and practice of Awakening in Consciousness. And whether we know our purpose or not, the assumption of purpose provides us with a universal value system independent of culture and religion. Such a system recognizes the unique contribution of every individual based on the premise of each person’s God-given right to realize his or her Spiritual destiny. It is exciting to consider the possibility, through Spiritual Psychology, that humans may at last find their rightful place among the stars.
A Message From USM’s Founder

It is time we place the spiritual energy down into the physical world, and the way to do this is through education. We shall teach and learn to cure ourselves rather than alleviate symptoms. We shall transcend to the point of going through something for the last time. Completion will be a part of the spiritual ecology.

Education will be taught from divergent points of view. We shall have those teachers who can evoke from students the level of consciousness of knowing. Teachers and students alike shall be reaching for that next plateau of consciousness, regardless of what God we worship and how great we think we are. We are going to open the next level to eternal traveling consciousness.

The education of the new age is transcendental. It is education where you do not fail, where individual difference is recognized and considered holy. We do not allow individual students to fall out because they cannot sustain the energy of holding onto a subject matter. If necessary, the whole group stops and counsels in order to raise the enthusiasm and interest. In other words, we shall elevate the consciousness of learning.

Through the University of Santa Monica, a Wisdom School will effect realization of truth beyond the verbal level. Each student and teacher will become truth. Part of the educational process is to understand who you are as a being on this planet. The last frontier is inner space—reaching the truth that you are. We shall take the truth of any approach, but we are not interested in people standing up and talking about truth. We shall have people who reveal the truth of their beingness. That shall be the teacher of the new age.

We shall be able to see the evolutionary scale of the students and what they need at this moment in their own transfiguration, in their own translation, in their own transcendental education. New vistas will be opened, permitting entry into the consciousness of Love.

The thrill of the University of Santa Monica will be learning functional information that is readily usable. Students shall learn how to live in this world, to be in the here and now, and be involved in the unique process of spiritualizing themselves.
The University of Santa Monica is going to be based on a foundation that is a process of Love where everybody is teaching and learning, and somebody is guiding the information. We will teach and learn from the center of Love.

We shall bring in students who will go through the difficult but necessary transcendence of the mechanical level, and who will finally answer that inner call that shall evoke their beingness. If you participate in this process of transcendence, you will know what education truly is, because you as the student will then become education; you then become meditation; you then become all things and you become nothing; you make nonsense and you make all sorts of sense; you become a paradox to the profane and you become a wayshower to those who are looking; and those who are there find in you the oneness. It shall be difficult, but to whom much is given, much is expected.

When you get a certificate at the University of Santa Monica, it won’t be that you passed a prescribed line of study—it will be that you can do what it says you can do.

— 1976
A Message From Our Co-Directors

Throughout recorded history, those aware of themselves as travelers upon a spiritual journey have always pondered an essential question: “How can I live a loving, fulfilling, and productive life in this world while being true to my spiritual quest?” The University of Santa Monica specializes in the practical application of universal spiritual teachings in everyday life, and we continually use this question as a reference point for the relevancy of our educational process. No matter how many times we ask this question, we always arrive at the same answer: “I can be true to both aspects of my journey, first and foremost, by learning to reside in the Unconditional Love that is the Essence of who I am and then by sharing that Love in my relationships with others—as well as by demonstrating integrity and excellence in all my endeavors.”

Thus, the arena of Spiritual Psychology emerges as a common denominator bridging the spiritual and that aspect of the spiritual we often refer to as the physical world. We are constantly rediscovering that by enhancing and refining our relationship with our Self and others, we—USM students, faculty, staff, and volunteers alike—experience relevancy, meaning, friendship, and fellowship. It is the educational process of refining our relationships with our Authentic Self, Spirit, others, and the world that results in achieving program competencies.

In particular, we are confirming the principle that the content of what we share with each other is far less important than the context of “how” we share it. We are acknowledging the importance of our “state of awareness” as a filter for all communication. We are learning the art of “how” to more effectively approach each other for the maximum benefit of all concerned.

Another area we find ourselves involved in is that of meaningful and enduring universal human values. We see ourselves strengthening our individual integrity by accepting personal responsibility for our choices and our own inner environment and honoring our agreements with our Self and others. We are acutely aware of the need to provide relevant educational experience, which empowers students to successfully make their way in the world with
awareness that they are Divine Beings having a human experience.

As we move forward, our basic challenge remains one of providing an educational environment within which students and teachers alike are discovering our own answers to these essential questions:

1) Who Am I?
2) What Is My Purpose?
3) How Can I Make a Meaningful Contribution?

At the same time, we are developing and applying principles, skills, and strategies for being personally effective within the context of current global reality.

By carefully blending universal Spiritual values with practical skill development, we enthusiastically look ahead with a willingness to be responsive to the needs of the future. An Unconditionally Loving attitude is the ultimate competency. It is with this purpose in our hearts and minds that we offer the University’s current Programs.

– Drs. Ron & Mary Hulnick
USM’s History

The University of Santa Monica, formerly known as Koh-e-nor University, was founded in March of 1976 in Los Angeles. The inspiration for the University came from its Founder, distinguished educator, internationally known lecturer, and best-selling author, John-Roger. His vision was of a graduate school of the highest caliber, where students across the globe could come learn how to live in this world, be in the here and now, and be involved in the unique process of spiritualizing themselves.

In 1978, John-Roger met Dr. H. Ronald Hulnick and Dr. Mary R. Hulnick, both of whom were on the faculty of New Mexico State University in the Department of Counseling and Educational Psychology, where they trained professional counselors at the master’s and doctoral levels. For the next two years, the Hulnicks and John-Roger shared a continuing dialogue about educational philosophy and the importance of practical mastery education. These three noted educators found they shared a dream of enlivening, relevant, Soul-Centered education and committed to working together to bring forward an educational institution based on these values-centered precepts.

The Hulnicks envisioned an internationally known graduate school serving students from diverse backgrounds whose educational and professional objectives were different from those usually met by higher education institutions. Their focus was on relevant information practically applied within a context of cooperation, support, and caring. This approach tends to result in a synergistic learning environment where high achievement standards are attained and maintained.

In September of 1981, the first students were admitted.

Through their diligence, enthusiasm, sustained effort, and firm belief in Soul-Centered education, the Hulnicks have co-created a dynamic educational institution emphasizing relevant, usable information, skills, and experiences designed to support each student in greater demonstration of mastery and excellence in their lives.

In 1992, the University recognized a refinement of its mission and began referring to itself as the Center for the Study and Practice of Spiritual Psychology. On July 1, 1992, the University received approval from the California State Department of Education to offer a Master’s Program in Counseling Psychology with an Emphasis in Spiritual Psychology, which fulfilled the educational requirements for licensing as a Marriage and Family Therapist in California.

In 1997, USM launched another leading-edge program: the M.A. Program in Spiritual Psychology with an Emphasis in Consciousness, Health, and Healing. This Program is uniquely designed and focuses on the place where psychology and spirituality interface with consciousness, health, and healing.
USM received approval from the state to offer a Doctoral Program, the Psy.D. in Counseling Psychology with an Emphasis in Spiritual Psychology, in March 2005. In 2006, USM was approved to offer its second Doctorate: the Psy.D. in Spiritual Psychology with an Emphasis in Soul-Centered Leadership.

In 2008, the University focused its energies into designing and planning to launch an online classroom in order to reach a wider audience. These non-degree seminars and classes were offered in addition to the residential Master of Arts Programs in Spiritual Psychology.

In 2008, in service to coalescing the University’s resources behind the vision of serving many more people throughout the world through a distance learning format, USM decided to no longer offer its Counseling Psychology Program. The University phased out its CP Program gradually, “teaching out” and graduating its last group of Counseling Psychology Master’s students in August 2009.

USM launched the Soul-Centered Professional Coaching Program in 2013. This seven-month Program for graduates of the Spiritual Psychology Program provides coach-specific training and prepares graduates to be Soul-Centered Professional Coaches facilitating authentic success on both the Goal Line and Soul Line of life.

On February 17, 2014, the University made history by launching the USM Online Program comprised of two interactive courses, An Introduction to Spiritual Psychology and Loyalty to Your Soul®—Foundations, as well as a companion membership Web site, the USM Worldwide Soul Center. This robust interactive offering supports the University’s Mission of communicating the Principles and Practices of Spiritual Psychology worldwide. Twelve countries were represented in the First Flight of the new online courseware.

In 2015, the University streamlined the academic offerings by deciding to cease enrolling new students in the Master’s Degree Programs. In the 2015–2016 academic year, the continuing students enrolled in the M.A. Programs in Spiritual Psychology and Consciousness, Health, and Healing participated in the teach-out of these Programs.

The University launched a 10-month Certificate of Completion Program in Soul-Centered Living I, which began accepting new students in the Fall of 2015. In July 2017, the University was approved to offer a 10-Month Certificate Program in Life Mastery & Soul-Centered Living II. These Certificate Programs continue to be offered by the University in an Online format.

Today, the University has more than 6,500 graduates who are living examples of Soul-Centered education. With Soul-Centered Living, USM’s Certificate Programs in Spiritual Psychology™, this unique, transformational education is available to more people than ever before.
Educational Policies

**Student Responsibilities**
The policies concerning one’s program of study are to be read carefully and referred to regularly. Students are encouraged for their own protection to become familiar with all University of Santa Monica policies regarding their program of study.

**Class Attendance**
Students are required to attend all classes. It is the student’s responsibility to notify the Student Services Representative at the University office prior to the class weekend for any unavoidable absences.

Please note that students must attend the entire February weekend or the March makeup class in the Soul-Centered Living I Program. No exceptions will be granted.

**Attendance: Active And Relevant Participation**
Active involvement and participation are keys to receiving value in any Program taken at USM. Because the content and experience of the weekend classes and six-day Labs are carefully designed in a sequential way and result in cumulative effects, full attendance—participating in the entire weekend or Lab—and arriving on time for each class session are necessary in order to successfully complete the Program and receive the Certificate of Completion.

Weekend classes, including the Lab, begin at 7 p.m. on Friday and end no later than 7:30 p.m. on Sunday or no later than 6 p.m. on Wednesday of the Lab. Please make your travel arrangements so you arrive with enough time to be present in class when it begins and so you can depart after the class is over. That way, you can receive the value of being present for all the information and every process.

**ALL SESSIONS WILL BEGIN PROMPTLY AT THE TIMES DESIGNATED. PLEASE BE ON TIME!** Your presence is important! It is the way you make yourself available to the learning process. If, for some reason, you find that you must be absent from any part of the weekend, it is essential that you notify the USM office in advance at (310) 829-7402. Ask to speak with the Student Services Representative. If something comes up unexpectedly during a class, then speak with one of the faculty.

You are important! We care about you and appreciate your consideration in contacting us regarding any absence. In this way, we can anticipate your absence, and you can arrange to obtain relevant materials you might otherwise miss.
Educational Policies

Missed Class Time Policy
Students are expected to attend all class weekends and the Labs or Retreats in full, which includes all class sessions. However, from time to time, exceptions due to illness or death in the immediate family are evaluated and approved on a case-by-case basis. It is the student’s responsibility to notify the Student Services Representative prior to class if he/she will be absent due to extenuating circumstances.

Please note that reasons of a purely personal nature are not an approved absence, and students who miss class time for personal reasons are jeopardizing their ability to successfully complete the Program. In addition, students who miss a class weekend or a significant portion of time within a class weekend will be required to make up the time missed from that weekend in order to receive their Certificate of Completion. More specific information will be shared with the student at the appropriate time.

If a class weekend, or any portion thereof, is missed, the student is still responsible for the tuition for that class weekend. If more than one weekend during the course of the ten-month Certificate Programs is missed, the student will be discontinued from the Program. Please note that missing any time during the Six-Day Lab or Practicum is not an option and may jeopardize a student’s ability to successfully complete the Program and receive a Certificate of Completion.

Attendance is monitored throughout the weekend. If you are unexpectedly absent, USM faculty will contact you regarding your absence. You are important! We care about you and appreciate your consideration in contacting us prior to class regarding any absence.

Truth in Information
The University of Santa Monica relies upon the statements made and documents supplied by its applicants and students. If discrepancies appear between statements or documents provided to the University and information otherwise obtained, applicants may be disqualified for admission and students may be dismissed without recourse.

Please note that USM reserves the right to withdraw an offer of admission to its Programs if it finds there has been a misrepresentation by the applicant in the admissions process or if the University learns that the applicant has engaged in behavior prior to matriculation that indicates a lack of judgment, ethics, or integrity.
USM further reserves the right to require the applicant to provide additional information (and/or authorization for the release of information) about any such matter.

Nondiscrimination Policy
The University of Santa Monica prohibits discrimination on the basis of race, color, national or ethnic origin, religion, creed, gender, sexual orientation or gender identity, disability (mental or physical), citizenship status (within the limits imposed by law), marital status, medical condition, or age, or any other consideration made unlawful by Federal, State, or Local laws, in any of its policies, procedures, or practices. This nondiscrimination policy covers all of the University’s Programs and activities, including, but not limited to, admissions, educational and financial policies and services, and other school-administered programs.

Accommodating Students With Disabilities
The University of Santa Monica is in compliance with the Americans with Disabilities Act, Section 504 of the Rehabilitation Act, and state and local regulations regarding students and applicants with disabilities. A disability is a physical or mental impairment that substantially limits one or more of the major life activities of the individual. USM’s admissions decisions are made using criteria independent of an applicant’s disability. Students with disabilities desiring to enroll in the Program at USM must be able to meet the admission standards of the University.

USM will make efforts to provide reasonable accommodations to qualified individuals with disabilities, to the extent that such accommodations are readily achievable. Though the University takes the needs of students with disabilities seriously, it is not able to guarantee that all services requested can or will be provided. Specifically, accommodations that are unduly burdensome or that fundamentally alter the nature of the service, program, or activity may not be entertained.

Students with disabilities who require accommodations must make those needs known to the Office of Admissions at the time of application. For more information, please contact the Office of Admissions.
Educational Policies

Student Records
Student records will be maintained at the school site for five years from the last date of attendance. Transcripts are maintained permanently. Please contact the Registrar’s Office for a copy of your student record or transcript.

Program Termination
A student may be terminated from the Program if a student’s behavior in the educational settings is disruptive to the learning process of others. Students are expected to have emotional/psychological maturity, including interpersonal competencies, attributes, and skills necessary to be successful in an educational Program that emphasizes experiential learning.

Discontinuation From a Program
Students may decide to discontinue their participation in the Spiritual Psychology Program at any time. For information on refund policies, see the Financial Policies included in this Catalogue.

Leave of Absence and Five-Year Eligibility of Completion
This guideline has been established so that students who graduate from USM’s Programs are current with the information, skills, and practices taught as the curriculum content continues to evolve.

A maximum of five (5) years from the original date of enrollment is allowed to complete the Program. For further clarification, please contact the Office of Admissions.

Depending upon when the student discontinues from the Program during SCL I, a returning student has the option to:

1. Register and begin taking classes in the month he/she discontinued the Program; or

2. Audit (paying applicable audit tuition rates) any previously completed months up to the month he/she discontinued, then register as a regular student at the point of prior discontinuation.

Family Educational Rights and Privacy Act
The Family Educational Rights and Privacy Act of 1974, better known as the Buckley Amendment of FERPA, provides generally that:

1. Students shall have the right of access to their educational records.

2. Educational institutions shall not release educational records to nonschool employees without consent of the student.

“Students” as used in this notice also includes former students. Written consent of the student is required before the University can release information concerning the student to prospective employers, government agencies, credit bureaus, etc.
STATEMENT OF RESPONSIBILITY

University of Santa Monica Programs are educational, not therapeutic. It is anticipated that students may find mental/emotional issues surfacing during their involvement in the Program. All students are expected to have the emotional maturity required to handle the experiential parts of the Program. Students are encouraged to develop their personal resources through learning to work their process (skills taught throughout the Program), to make friends and become part of the support network that exists among their classmates, and to utilize professional assistance when necessary to aid them in coping with the demands of the Program.

“Wherever we go in the world, we recognize USM graduates. You have heart and integrity. This is the education of the future.”

—Gay & Kathlyn Hendricks, Ph.Ds, Authors of over 30 books including Conscious Loving: The Journey to Co-Commitment
“The Buddhas and the Christs are born complete. They neither seek love nor give love, because they are love itself. But we who are born again and again must discover the meaning of love, must learn to live love as the flower lives beauty.”

—Henry Miller
The University of Santa Monica faculty is composed of highly qualified professionals who have been attracted by the philosophy and objectives of the University. Many have taught or are currently teaching at other institutions, and all have participated in the University’s Program in Spiritual Psychology. Some are at the forefront in the emerging field of Spiritual Psychology and the Spiritual Awakening of human consciousness.

All University faculty are highly qualified professionals who bring to their teaching a strong educational background enhanced by practical professional experience in their specialized fields. The faculty at the University of Santa Monica are committed to empowering students in the revelation of their Authentic Self and in living more in alignment with their Soul’s purpose.

Each faculty member has been selected with great care. Some of the criteria utilized in the selection process are:

1. thorough knowledge and direct experience in the area of instruction;
2. appropriate educational and professional credentials;
3. commitment to and involvement in continuing their own education;
4. a dedication to expanding self-awareness; and
5. a recognition of the life-long process of learning.

Some University faculty are full-time and others are part-time. Faculty roles include facilitators and presenters.

**H. Ronald Hulnick, Ph.D.**
State University of New York at Binghamton – B.A., 1961
Long Island University – M.S., 1965
New Mexico State University – Ph.D., 1978
Licensed Marriage and Family Therapist – California

**Mary R. Hulnick, Ph.D.**
Morningside College – B.A., 1966
Iowa State University – M.S., 1968; Ph.D., 1971
Licensed Marriage and Family Therapist – California
Licensed Psychologist – California

**Alanna Arthur-Chee**
California State University, Fresno — B.A. 1998
University of Santa Monica – M.A., 2008

**Marie Beech, Psy.D.**
University of Santa Monica – M.A., 1994
Ryokan College – Psy.D., 1996
Licensed Psychologist – California

**Stephen Chee, M.D.**
Oregon Health & Science University—M.D. 2001
University California, Los Angeles—M.P.H. 2004
University of Santa Monica – M.A., 2009
Certification: Family Medicine
USM Administration & Staff

H. Ronald Hulnick, Ph.D.
President
State University of New York at Binghamton – B.A., 1961
Long Island University – M.S., 1965
New Mexico State University – Ph.D., 1978
Licensed Marriage and Family Therapist – California

Mary R. Hulnick, Ph.D.
Executive Vice President
Morningside College – B.A., 1966
Iowa State University – M.S., 1968; Ph.D., 1971
Licensed Marriage and Family Therapist – California
Licensed Psychologist – California

Leigh Briggin, C.P.A.
Chief Financial Officer
University of Missouri, Columbia – B.S., B.A., 1979
University of Santa Monica – M.A., 1990
Certified Public Accountant

Peggy Bularz
Executive Team Support
University of Santa Monica – COC, 2000

Corinne Burchett
Personal Executive Assistant
San Diego Mesa College, AA
University of Santa Monica — COC., 1990

Dharmini Cabanillas
Finance Manager
Barnard College — B.A., 1995
University of California, Los Angeles — M.A., 1999
University of Santa Monica — M.A., 2009

Bonne Chance
Executive Administrator
University of California, Berkeley — B.A., 2004
University of Santa Monica — M.A., 2009
University of Santa Monica — CHH Certificate, 2010
James Cox  
Registrar  
California State University, Los Angeles – B.A., 1989  
University of Santa Monica – M.A., 2003

Nancy O’Leary  
Director of Education Administration  
Boston College – B.A., 1976  
University of Santa Monica – M.A., 2000

Lenore Perry  
Director of Marketing & Design  
University of Southern California – B.A., 1992  
University of Santa Monica – M.A., 2010

Michael Polek  
Director of Information Services  
Loyola University – B.S., 1990  
University of Maryland – M.S., 1994  
University of Santa Monica – M.A., 2000

Eliza Swords  
Admissions Advisor & Student Services Representative  
Occidental College – B.A., 2000  
University of Santa Monica – M.A., 2012

Kevin Walsh  
Online Education Technology & Systems Designer  
California Polytechnic State University – B.S., 2008  
University of Santa Monica – M.A., 2012
Symbolism of the USM Logo

**Gold Figure**
The Divine Being having a human experience; consciously experiencing and radiating the Loving and Wisdom of the Authentic Self; the person who is living the ultimate competency, the Loving Consciousness.

**Large Outer Circle**
**Light of Knowing**

**Top Circle**
**Spirit of Wisdom**

**Center Circle**
**Knowledge**

**Bottom Circle**
**Understanding**

**Smell**
**Taste**
**Intuition & Direct Knowing**
(6th and 7th senses now Awakening in more people)

**Touch**
**Sight**
**Hearing**