

UNIVERSITY OF SANTA MONICA PRESENTS

WORLDWIDE COMMUNITY GATHERING
JULY 19, 2022

♥ THE POWER OF SPIRITUAL PSYCHOLOGY AND SACRED ACTIVISM

“A spirituality that is only private and self-absorbed, one devoid of an authentic political and social consciousness, does little to halt the suicidal juggernaut of history.

“On the other hand, an activism that is not purified by profound spiritual and psychological self-awareness and rooted in divine truth, wisdom, and compassion will only perpetuate the problem it is trying to solve, however righteous its intentions.

“When, however, the deepest and most grounded spiritual vision is married to a practical and pragmatic drive to transform all existing political, economic, and social institutions, a holy force—the power of wisdom and love in action—is born.

“This force I define as Sacred Activism.”

◆ Andrew Harvey

♥ As students and graduates experience the deep Healing of issues and ego patterns available through learning and utilizing the *Principles and Practices of Spiritual Psychology* both in the University of Santa Monica classroom and the classroom of their everyday lives, they experience Awakening into their Essential Nature, the consciousness we refer to as the Authentic Self—Joyful, Compassionate, Wise, Creative, and Unconditionally Loving. **It is this consciousness in which they have direct access to the Wisdom, Inspiration, Knowing, and Guidance of the Soul. In short, you learn experientially what it means to live your life in harmony with Being Loyal to Your Soul.**

As this transformational process occurs over time, you become increasingly aware of your gifts and the deep yearning to be of service—to **use your God-given gifts and lives in ways that serve the greater Awakening taking place on the planet at this time.** You experience yourself hearing and answering the call to make a meaningful difference, contributing to real solutions to the urgent needs and challenges that face humanity.

Our world has been destabilized by a global pandemic, economic and political uncertainty, war and violence, as well as fire, flood, thirst, and hunger reflecting the dire need for the evolution of consciousness and yet-to-be-birthed solutions to meet these needs. As such, many are experiencing the call to activism. The call in so many hearts at this time is “How can I make a difference?”

At USM, we recognize the answer is activism, not based in shame, blame, judgment, against-ness, right-making and wrong-making, separation or violence. **Real solutions do not emerge from the self-righteousness of the ego. Rather, they emerge from Sacred Activism based on knowing that growth in consciousness IS the vehicle for activation of the active ingredient essential to making a positive difference.** This active ingredient essential to Healing, transformation, and real change is Loving . . . and Loving’s eternal flow activating Hearts in Healing . . . Serving . . . and Sharing. USM’s Programs have been designed and curated with this intention in mind and Heart.

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At the University, we acknowledge that consciousness is fundamental—and as *Spiritual Psychology Principle 20* states:

Outer experience is a reflection of inner reality.

The next steps of human agency—exercising choice and intentionality in Co-Creating a “new earth”—include Healing through learning and continuing to do the work in consciousness necessary to **cleans the lens of perception**. This work is done by recognizing that it’s an “inkblot world” and engaging in the difficult yet required work of accepting responsibility for the disturbance within your own consciousness that is projected onto others and the world. This includes healing hurts, misunderstandings, and misidentifications that support the ego’s story of justified outrage, victimization, and separation. It means dismantling guilt, blame, and shame.

We heal through applying Loving to the places inside where these patterns reside and forgiving ourselves for our judgments and misunderstandings. As John Lennon said, “Living is easy with eyes closed, misunderstanding all you see.” **We say: change your lens, change your life, change your world.**

At USM change begins within! Sacred Activism is recognized and honored as a path with Heart . . . a path of the Spiritual Warrior.

SELF-REFLECTIVE QUESTIONS:

We invite you to Center Yourself in your Loving and make your own notes in response to the questions:

1) I’m noticing a way that I am demonstrating Sacred Activism—Love in Action—a) in my way of Being and b) in my actions in my everyday life is . . .

2) When I look around the world witnessing all of the challenges humanity is experiencing at this time, one way I’m called to make a meaningful contribution is . . .

3) A vision I hold in my heart for our world is . . .

4) One step I can take to move this vision into manifestation is . . .
