

UNIVERSITY OF SANTA MONICA PRESENTS

WORLDWIDE COMMUNITY GATHERING  
MARCH 29, 2022

A CONSCIOUS WORLD BEGINS WITH CONSCIOUS PEOPLE  
PART II

---

---

JOHN-ROGER'S FOUR PRINCIPLES OF PEACE

*"We have discovered four principles that build a foundation for choosing peace as an individual and functioning as a peacemaker in the world:*

- \* *Peace is present.*
- \* *Peace is an inner process.*
- \* *Peace is the cessation of againstness.*
- \* *Peace is a choice, available regardless of any conditions."*

◆ John-Roger  
USM's Founder

---

---

Some speak of Peace as a state of tranquility. Others offer it as a state of wholeness and completeness—freedom from disturbance, agitation, and againstness. Peace may be experienced holding a newborn baby . . . listening to the sound of a cat purring . . . experiencing a dog wagging its tail at you . . . drinking in the beauty of a blossoming rose . . . Soul-gazing with someone. Seen or unseen, Peace is always present—even when we might not be aware of its Presence and when we are experiencing what we might refer to as “justifiable upset.” Let’s look a bit more deeply into how this can be.  
(See PowerPoint.)

With this understanding, we all can be Peacemakers contributing to the sum total of Peace on the planet through our attitudes, choices and actions. Your Presence matters; your consciousness matters. Let us renew our intentions to lift and be lifted ever more fully into the Awareness of our Essential Nature and Purpose as the Presence of Love and the Presence of Peace. Together, let us renew our intentions for using the *Principles and Practices of Spiritual Psychology* in service to Healing and Liberation—flourishing in the Majesty and Freedom of our Soul . . . choosing Peace . . . choosing Love.

The University of Santa Monica is a Lighthouse along with other individuals and groups who are Awake to Love radiating the Light of the Holy Spirit . . . the Light of Living Love. We are living in the time of the Greater Awakening on this planet. **Let us each accept responsibility for releasing any misunderstanding and negativity and againstness residing within our own consciousness. In so doing we add to the rising evolutionary tide of Awakening for we are choosing Peace.** Let each of our Heartfelt prayers join the collective prayers being offered at this time. May we remember and practice *Compassionate Self-Forgiveness* as a Gateway to experiencing Peace and Love that reside within our Authentic Self.

USM's Founder John-Roger brought forward four Principles of Peace. The reflective process that follows is an opportunity for letting go of that which is less than Peaceful within your Consciousness and acknowledging the Peace that is already present.

(OVER)

*A Conscious World Begins With Conscious People* is the registered property of the University of Santa Monica and Drs. Ron and Mary Hulnick and may not be used or reproduced without the expressed written permission of the University of Santa Monica. Brought to you by the University of Santa Monica Online, a division of the University of Santa Monica, the Worldwide Center for the Study and Practice of Spiritual Psychology. Copyright © 2022 Ron and Mary Hulnick

**QUESTIONS FOR YOUR REFLECTION:**

1. Identify a current situation in which you find yourself experiencing emotional disturbance, judgment, or upset—a state that is less than Peace regardless of the reasons by which you be justifying your upset.

---

---

---

---

2. If Peace is present (always and under all conditions), then:

---

---

---

---

3. If Peace is an inner process (always available), then:

---

---

---

---

4. If Peace is the cessation of againstness, then:

---

---

---

---

5. If Peace is a choice, available regardless of any conditions, then:

---

---

---

---

6. Using *Compassionate Self-Forgiveness* as a gateway to Peace, I forgive myself for judging myself and/or others as:

---

---

---

---

---

---

*Q: How do we become peacemakers?*

*A: We become peacemakers by having a direct experience of what takes place when we choose peace inside. When we have a direct experience of peace, we want to choose peace again and repeat the experience. Why? Because we discover that peace is an active process, bringing with it happiness, inner expansion and enthusiasm.*

◆ John-Roger  
USM's Founder

---

---